Illinois State Department of Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTIONS	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: **0051029**	(X2) MULTIPLE CONSTRUCTION A. BUILDING B. WING	(X3) DATE SURVEY COMPLETED **07/23/2025**

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
INTEGRITY HC OF CARBONDALE	**120 NORTH TOWER ROAD , CARBONDALE, Illinois, 62901**

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S0000	Initial Comments Complaint Investigation 2556548/IL2564750	S0000		08/04/2025
S9999	Final Observations Statement of Licensure Violations: 300.610a) 300.1210a) 300.1210b) 300.2040b)2) 300.2050b)1) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive	S9999		08/04/2025

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE

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S9999	Continued from page 1 setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act) b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Section 300.2040 Diet Orders b) Physicians shall write a diet order, for each resident, indicating whether the resident is to have a general or a therapeutic diet. The attending physician may delegate writing a diet order to the dietitian. 2) The diet shall be served as ordered. Section 300.2050 Meal Planning Each resident shall be served food to meet the resident's needs and to meet physician's orders. The facility shall use this Section to plan menus and purchase food in accordance with the following Recommended Dietary Allowances of the Food and Nutrition Board of the National Research Council, National Academy of Sciences. b) Meat Group: A total of 6 ounces (by weight) of good quality protein to provide 38 to 42 grams of protein daily. To ensure variety, food items repeated within the same day shall not be counted as meeting a required serving. The following are examples of one serving. 1) Three ounces (excluding bone, fat and breading) of any cooked meat such as whole or ground beef, veal, pork or lamb; poultry; organ meats such as liver, heart, kidney; prepared luncheon meats. These requirements were not met as evidenced by: Based on observation, interview and record review the facility failed to provide dietary supplements, and the appropriate protein portion size to prevent further weight loss or weight maintenance for 9 of 11 residents (R1, R2, R3, R8, R9, R10, R11, R12, R13) reviewed for weight loss in a sample of 18. This failure further contributes to continued harm to R2 and R10, who have a	S9999		

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S9999	Continued from page 2 documented history of severe weight loss. Findings include: 1. R2's admission record documents an admission date of 01/09/22 with diagnoses including: chronic obstructive pulmonary disease, acute osteomyelitis of left ankle and foot, malignant neoplasm of upper lobe, anemia, protein calorie malnutrition, major depressive disorder, anxiety disorder, hypothyroidism, drug induced subacute dyskinesia, osteoarthritis, muscle weakness, and cognitive communication deficit. R2's order summary report documents a dietary order of regular diet with mechanical soft texture. Thin liquids consistency, ground meat extra gravy, (nutritional shakes) two times a day, 1 scoop protein powder in oatmeal at breakfast, vanilla pudding at supper, med pass 2 ounces at lunch and supper, (nutritional ice cream) two times a day, offer snacks throughout the day. Assist with meals in dining room and whole milk at breakfast for diet. This order was started on 07/22/24 with no end date listed. R2's Minimum Data Set (MDS) dated 05/02/25 documents a brief interview of mental status (BIMS) score of 12 indicating resident is moderately impaired. Section GG documents R2's eating ability as supervision or touching assistance. R2's care plan documents a focus area of R2 is at risk for nutritional deficit related to diagnoses including malnutrition, underweight, poor appetite, and a diagnosis of anemia. R2 is on a regular mechanical soft diet with ground meat with extra gravy, nutritional shakes two times a day, 1 scoop of protein powder in oatmeal at breakfast (likes oats thicker), vanilla pudding daily at supper, and nutritional ice cream two times a day with a revision date of 01/18/24 with interventions including: provide and serve supplements as ordered dated 08/07/23, to be up and in dining room for all meals due to requires assistance with eating dated 04/21/25, add whole milk at breakfast dated 07/10/25 and offer snacks throughout the day dated 07/10/25. R2's nutrition progress note dated 07/08/2025 at 1:12 PM documents: mechanical soft ground meats with extra gravy. Percent of meal intakes is 51 – 100 %, supplement intake: health shakes two times a day, 1 scoop of protein powder in oatmeal at breakfast, vanilla pudding at supper, Med pass and nutritional ice cream. R2's current weight is 82 pounds with low body mass index and weight loss. R2's function is assistance	S9999		

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S9999	Continued from page 3 with meals. R2's height is 64 inches and weight on 06/04/25 was 82 pounds with a BMI of 14 % and a December weight of 91 pounds. R2 has a 10 % weight loss over six months. R2's skin is at risk. Continue diet orders of mechanical soft ground meat with extra gravy, nutritional shakes two times a day, 1 scoop of protein powder in oatmeal at breakfast, vanilla pudding at supper and nutritional ice cream two times a day. R2's nurses note dated 07/03/25 at 10:23 AM documents: R2 had weight loss, medical doctor and resident notified and new interventions implemented. On 07/17/25 at approximately 1:01 PM, V4 (Dietary) ground the ham and mixed mayonnaise in with the ground ham, the ham was scooped onto paper plates with the baked beans and microwaved to reach 145 degrees Fahrenheit. On 07/17/25 at approximately 1:01 PM, V4 stated, she is going to mix mayonnaise in with the ham to make the mechanical soft ham because they do not have any gravy for the mechanical soft ham. On 07/17/25 at approximately 1:28 PM, R2 was served her lunch of mechanical soft ham, baked beans and applesauce. R2 did not receive the extra gravy, nutritional shake, or nutritional ice cream with her lunch. On 07/17/25 at 3:10 PM, R2 stated lunch was not enough food, she had asked for something else, but she did not get it. R2 stated, "The lunch meal was awful." On 07/17/25 at 5:47 PM, R2 did not receive a health shake with her dinner. On 07/21/25 at 8:10 AM, R2 was brought to the dining room for breakfast. Her food was placed in front of her and plastic utensils placed in the food and the staff member walked away. R2 did not receive assistance or encouragement during breakfast with her meal and ate less than 25% of her meal. On 07/21/25 at 12:33 PM, R2 did not receive a health shake with lunch. On 07/21/25 at 6:46 PM, R2 did not receive a health shake with her dinner. 2. R10's admission record documents an admission date of 09/06/17 with diagnoses including: dementia, essential hypertension, vitamin D deficiency, thiamine deficiency, alter mental status, Parkinson's disease,	S9999		

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S9999	Continued from page 4 epilepsy, muscle weakness, and other symbolic dysfunctions. R10's order summary report documents a dietary order of regular diet with a pureed texture, thin liquids consistency, whole milk three times a day, health shake three times a day, (nutritional ice cream) with lunch and supper, super cereal (nutritional cereal) at breakfast, ice cream two times a day, melted margarine to hot sides at lunch and supper, offer pudding three times a day, 1 scoop of protein powder at all meals with an order date of 01/15/25 and no end date listed. R10's order summary report also documents a dietary order of house supplement two times a day for weight loss, fortified pudding at lunch and dinner with protein powder added with an order date of 01/15/25 and no end date listed. R10's minimum data set (MDS) dated 04/25/25 documents a brief interview of mental status of 99 indicating resident was unable to complete the interview. Section GG documents R10's eating ability as: not attempted due to environmental limitations (example, lack of equipment or weather constraints). R10's care plan documents a focus area of R10 is at risk for nutritional deficit relating to diagnoses of vitamin D and Thiamine deficiencies, hypertension, Parkinson's and dementia, R10 is on a regular pureed diet dated initiated 02/03/25. Goal: will maintain adequate nutritional status as evidenced by maintaining weight within 5-10% and no signs of malnutrition through review date, date initiated 02/03/25. Interview include: offer pudding two times a day dated initiated 03/24/25, Med pass as ordered at lunch dated initiated 07/18/25, regular pureed diet, whole milk three times a day, health shakes three times a day, nutritional ice cream at lunch and supper, super cereal at breakfast, ice cream two times a day, melted margarine/butter to hot sides with lunch and supper, offer pudding three times a day, one scoop protein power all meals, nutritional ice cream at lunch and supper dated initiated 07/02/25, attempt to assist her with eating at meal times as she allows dated initiated 02/03/25, provide and serve supplements as ordered date initiated 02/03/25. R10's dietary note dated 3/6/25 documents: registered dietician weight note: R10's height is 60 inches. January weight 96 pounds, February weight 85 pounds. Documenting a 11.5% weight loss in 1 month. Continue pureed, med pass three times daily, super cereal at breakfast, whole milk three times daily, ice cream twice daily, melted margarine on hot vegetables, magic	S9999		

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S9999	Continued from page 5 cup at lunch and supper, health shakes three times a day. Discontinue fortified pudding with protein powder because supplement is not offered at this facility. Offer pudding twice daily. Encourage intakes. Monitor intakes and weights. R10's dietary note dated 07/08/25 at 2:06 PM documents: registered dietician weight note: R10's height is 60 inches and weight on 06/04 was 93 pounds with a BMI of 18%, March weight was 86 pounds with 8.1% weight gain over 3 months, the weight gain is desirable. R10 has variable meal intakes as reported. Continue pureed (diet), super cereal at breakfast, whole milk three times a day, ice cream two times a day, melted margarine on hot vegetables, nutritional ice cream at lunch and supper, health shakes three times a day, 1 scoop protein powder in all meals. R10 is being offered above nutritional needs. Encourage intakes and monitor intakes and weights. On 07/17/25 at 1:10 PM, R10 did not receive the whole milk, health shake, nutritional ice cream, ice cream, melted margarine, fortified pudding, or the protein powder with her lunch. On 07/17/25 at 2:45 PM, V3 (Business office Manager/Acting Dietary Manager) stated, they did not have any super cereal to serve for breakfast today (07/17/25) so R10 did not receive the super cereal for breakfast. On 07/17/25 at 5:42 PM, R10 did not receive the health shake or fortified pudding with her dinner. On 07/17/25 at 5:42 PM, R10 received her dinner. R10 did not make any effort to eat any food after it was set in front of her. At 6:00 PM, R10 received assistance with her dinner. On 07/21/25 at 12:22 PM, R10 did not receive the health shake, ice cream or pudding with her lunch. On 07/21/25 at 6:34 PM, R10 did not receive the health shake, ice cream, protein powder or fortified pudding with her dinner. On 07/21/25 at 6:36 PM, V14 (Certified Nurse Aide) stated, R10 needs assistance with eating. 3. R3's Admission record documents an admission date of 01/05/22 with diagnoses including: unspecified sequelae of unspecified cerebrovascular disease, dementia, essential hypertension, cognitive communication deficit, weakness, vitamin D deficiency, depression and	S9999		

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S9999	Continued from page 6 chronic pain. R3's order summary report documents a dietary order of regular diet with a pureed texture with an order date of 05/20/25 and no end date listed. R3's order summary report documents a dietary order of health shakes with meals for weight loss with an order date of 07/22/24 and no end date listed. On 07/17/25 at 1:10 PM, R3 did not receive her health shake with her lunch. On 07/17/25 at 5:20 PM, R3 did not receive a health shake with her dinner. On 07/21/25 at 6:26 PM, R3 did not receive a health shake with her dinner. 4. R16's admission record documents an admission date of 04/27/23 with diagnoses including: chronic obstructive pulmonary disease, gastrostomy status, dysphagia, paroxysmal tachycardia, schizoaffective disorder, bipolar disorder, moderate protein calorie malnutrition, muscle weakness, and encounter for surgical aftercare following surgery on the digestive system. R16's order summary report documents a dietary order of regular diet with a pureed texture, super cereal at breakfast, whole milk three times a day with meals, extra margarine/butter, sauces/gravies all meals with an order date of 10/19/24 and no end date listed. On 07/17/25 at 1:10 PM R16 did not receive the whole milk, or extra margarine/butter or sauces/gravies with his lunch. On 07/17/25 at 2:45 PM V3 (Dietary Manager) stated, they did not have any super cereal to serve for breakfast today (07/17/25) so R16 did not receive the super cereal for breakfast. 5. R1's admission record documents an admission date of 11/11/2022 with diagnoses including: recurrent depressive disorders, unspecified intellectual disabilities, paranoid schizophrenia, essential hypertension, muscle weakness, and anxiety disorder. R1's order summary report documents a regular diet with regular texture with an order date of 07/22/24 with no end date listed. R1's dietary note dated 05/02/25 at 1:37 PM documents: variable meal intakes as reported. R1's height is 77	S9999		

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S9999	Continued from page 7 inches, and weight on 04/29 190 pounds, having a BMI (body mass index) of 22, no significant weight changes per monthly weights. However, reported weekly weights have declined with overall declining weight trend. Continue regular diet, offer whole milk at breakfast, (nutritional) shake daily, and encourage intakes. On 07/17/25 at approximately 1:40 PM ham slices were served, the slices were, sliced ham that was cut in half. All slices were similarly sized. On 07/17/25 at approximately 1:40 PM, R1 received a piece of ham that was approximately 1.75 ounces. On 07/17/25 at 2:26 PM, V3 (Dietary Manager) weighed one of the slices of ham, the ham weighed 1.75 ounces. On 07/17/25 at 2:26 PM, V3 stated, the ham should have weighed 3 ounces, therefore they did not give enough ham. The Diet Spreadsheet, Emergency menu dated 2025 for Day 5 Thursday documents, Lunch with a handwritten note of Grilled ham, applesauce, chips and baked beans. The portion sizes that were indicated were noted to be for Corned beef hash, canned green bean, assorted cookies and bread that had been marked out. 6. R8's admission record documents an admission date of 11/29/24 with diagnoses including: anxiety disorder, vascular dementia, atherosclerotic heart disease of native coronary artery without angina pectoris, paroxysmal atrial fibrillation, sequelae of unspecified cerebrovascular disease, type 2 diabetes mellitus, seizures. Gastro-esophageal reflux disease without esophagitis, muscle weakness, and syncope and collapse. R8's order summary report documents a dietary order of: no added salt diet, regular texture with nutritional shakes with all meals for nutrition with an order date of 11/29/24 and no end date listed. On 07/17/25 at 1:20 PM, R8 did not receive her health shake with her lunch. On 07/17/25 at approximately 1:40 PM, R8 received a piece of ham that was approximately 1.75 ounces. On 07/17/25 at 5:35 PM, R8 did not receive a health shake with her dinner. On 07/21/25 at 6:46 PM, R8 did not receive a health shake with her dinner.	S9999		

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S9999	Continued from page 8 7. R9's admission record documents an admission date of 08/28/2014 with diagnoses including: chronic obstructive pulmonary disease, sequelae of unspecified cerebrovascular disease, dementia, essential hypertension, anxiety disorder, dysphagia following unspecified cerebrovascular disease, major depressive disorder, and hypotension. R9's order summary report documents a dietary order of: regular diet with regular texture, whole milk three times a day, health shake two times a day with lunch and supper, offer pudding at lunch, ice cream at supper, peanut butter at snack time and extra margarine/butter at all meals and add 120 ml (milliliters) Med pass two times a day with meals related to weight loss with an order date of 07/22/24 and no end date listed. On 07/17/25 at approximately 1:40 PM, R9 received a piece of ham that was approximately 1.75 ounces. On 07/17/25 at 1:50 PM, R9 did not receive his health shake, pudding, or extra margarine/butter with his lunch. On 07/17/25 at 5:50 PM, R9 did not receive a health shake with his dinner. On 07/21/25 at 6:57 PM, R9 did not receive a health shake with his dinner. 8. R11's admission record documents an admission date of 05/31/25 with diagnoses including: cellulitis or right lower limb, cellulitis of left lower limb, chronic obstructive pulmonary disease, severe protein-calorie malnutrition, essential hypertension, chronic pain syndrome, gastro-esophageal reflux disease without esophagitis, schizoaffective disorder, alcohol abuse, depression, and muscle weakness. R11's order summary report documents a dietary order of: regular diet with mechanical soft texture, high protein supplement twice daily between meals, moist soft foods, moistened ground meat, offer health shakes as supplement twice a day, include whole milk at breakfast, and super cereal at breakfast for diet with an order date of 05/31/25 and no end date listed. On 07/17/25 at 1:22 PM, R3 did not receive her health shake with her lunch. On 07/17/25 at 2:43 PM, V3 stated, they did not have super cereal yesterday (07/16/25) for breakfast, so R11 did not receive any super cereal.	S9999		

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S9999	Continued from page 9 On 07/17/25 at 5:47 PM, R3 did not receive a health shake with her dinner. On 07/21/25 at 6:53 PM, R3 did not receive a health shake with her dinner. 9. R12's admission record documents an admission date of 11/24/21 with diagnoses including: senile degeneration of brain, acquired absence of left leg above the knee, cognitive communication deficit, unspecified intellectual disabilities, anemia, vitamin D deficiency, hyperlipidemia, schizoaffective disorder, dysphagia, anxiety disorder, major depressive disorder, paranoid personality disorder, epileptic seizures related to external causes, hallucinations, and restlessness and agitation. R12's order summary report documents a dietary order of regular texture, assist with meals in dining room, super cereals at breakfast, whole milk at breakfast, nutritional ice cream at lunch and supper, health shakes three times a day with meals, include pudding at lunch, extra butter and gravy with meals with an order date of 09/26/24 and no end date listed. On 07/17/25 at approximately 1:40 PM R12 received a piece of ham that was approximately 1.75 ounces. On 07/17/25 at 1:40 PM, R12 did not receive her health shake, nutritional ice cream, pudding or extra butter and gravy with her lunch. On 07/17/25 at 2:43 PM V3 stated, they did not have super cereal yesterday (07/16/25) for breakfast, so R12 did not receive any super cereal. On 07/17/25 at 5:25 PM, R3 did not receive a health shake with her dinner. On 07/21/25 at 6:26 PM, R3 did not receive a health shake with her dinner. 10. R13's admission record documents an admission date of 05/18/17 with diagnoses including: anemia, altered mental status, unspecified severe protein calorie malnutrition, essential hypertension, muscle weakness, vitamin B12 deficiency anemia due to intrinsic factor deficiency, hypocalcemia, age related cognitive decline, ocular hypertension, left eye, and cognitive communication deficit. R13's order summary report documents a dietary order of: regular diet with regular texture, offer whole milk with meals, snack three times a day, health shake two	S9999		

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S9999	Continued from page 10 times a day, in between meals, super cereal at breakfast, whole milk with all meals, med pass 90cc (cubic centimeters) and health shake with all meals with an order date of 07/22/24 and no end date listed. R13's order summary report documents a dietary order of house supplement two times a day for supplements, (nutritional) shakes in between meals with an order date of 02/01/25 and no end date listed. On 07/17/25 at approximately 1:40 PM R13 received a piece of ham that was approximately 1.75 ounces. On 07/17/25 at 1:40 PM R13 did not receive her health shake or whole milk with her lunch. On 07/17/25 at 2:43 PM V3 stated, they did not have super cereal yesterday (07/16/25) for breakfast, so R13 did not receive any super cereal. On 07/17/25 at 5:45 PM, R13 did not receive a health shake with her dinner. On 07/21/25 at 6:56 PM, R13 did not receive a health shake with her dinner. On 07/23/25 at 9:47 AM, V18 (Registered Dietician) stated, "Even on an emergency menu, I expected all extra sauces, butters, supplements, super cereals and all other interventions that have been indicated to be given. At all times I expect all supplements and interventions to be provided." The facility policy dated 09/2017 titled, "Weight Assessment and Intervention" documents: the multidisciplinary team will strive to prevent, monitor, and intervene for undesirable weight loss for our residents. Interventions: 1. Interventions for undesirable weight loss may be based on careful consideration of the following: g. the use of supplementation and/or feeding tubes. (B)	S9999		