Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ IL6015168 B. WING 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DATE DEFICIENCY) S 000 Initial Comments S 000 Annual Licensure and Certification Survey S9999 Final Observations S9999 Statement of Licensure Violations (1 of 2) 300.610a) 300.1010h) 300.1210b) 300.1210d)5) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1010 Medical Care Policies h) The facility shall notify the resident's physician of any accident, injury, or significant change in a Attachment A resident's condition that threatens the health, Statement of Licensure Violations safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest

Carrier County Manager, Accounty Co.

Illinois Department of Public Health

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING: COMPLETED IL6015168 B. WING 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) S9999 Continued From page 1 S9999 decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident. injury or change in condition at the time of notification. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour. seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection. and prevent new pressure sores from developing. These requirements were Not Met as evidenced Based on observation, interview and record

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Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING: _ B. WING IL6015168 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 **SUMMARY STATEMENT OF DEFICIENCIES** PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX **PREFIX** (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG DEFICIENCY) S9999 Continued From page 6 S9999 with measurement in centimeters as follows: 2.0 by 3.0 by 0.10 (length by width by depth). On 01/09/2023, left heel pressure ulcer was reclassified as to its stage from stage 3 to unstageable due to 100 % of the area of the pressure ulcer was covered with slough. On 01/19/2023 at 11:34 AM, V33 (Wound Doctor) said, "I only see residents that was referred to me by the primary physician. And it was the first time R25 was referred to me, so I cannot make any determination or comparison as to the status of R25's pressure ulcers. But what is documented on her assessment dated 1/16/2023 was the basis of the status of the wound. Yes, the presence of slough means wound deterioration and that a skin intact with redness that opened means worsening of the wound. It can be attributed to many factors including not performing of treatment," Per V33 documentations: R25 was only seen 1 time on 01/16/2023 although R25's sacral pressure ulcer was initially identified as having redness on 09/12/2022 and opened on 09/30/2022 that worsen overtime per facility Wound Round Assessments. And only saw R6's 4 pressure ulcers on resident's right lower extremities after facility was informed that R6's wounds are being reviewed. On 01/19/2023 at 12:12 PM, V2 (Director of Nursing/DON) said, "All pressure ulcers besides stage 1 must be seen as soon as possible by Wound Doctor. The process for the primary care physician to give a referral for the wound doctor to see resident." R25's Health Records are as follows: Per R25's notes dated 09/12/2022, reads in part

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY COMPLETED		
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	wounds, all stage n infected skin areas documentation is o	cers, vascular ulcers, surgical con-healing wounds and . Once I assess a resident my n an application, V2 (DON)				\$\$\$	
a A	have not assessed not received any re V18. If a resident h	s to those assessments. I R91's wound, because I have ferral from R91's physician or as a stage 3 wound, I will think have been referred to assess	# ##	9 9	3		
i.	that resident's would 100% beefy red to the wound has wor intervention of residuir mattress setting weight. If the air materials weight, it could pot an existing wound to the setting wound to the se	nd. If a wound goes from 50% slough, and larger in size, sened. The air mattress is an dents with pressure ulcers. The s are based on the resident's attress is set at a higher entially cause a wound and or to worsen."	=		360 2,0	(i)	
2 52 33 41 41 41 41 41 41 41 41 41 41 41 41 41	needs to refer a res from the resident's see all pressure uld should obtain an or physician as soon air mattresses are proper air distributiulcers. If the bed is	O PM, V2(DON) stated, "V18 sident to V33 with a referral physician. V33 is supposed to sers as soon as possible. V18 der for the wound care as possible for all wounds. The set on the resident's weight for on for residents with pressure set on a higher weight, it use their wound to worsen."	8		8		
	part: R91 was re-adiagnoses of neuro disease, type 2 dia transplant, gastrost infection, dysphasia lack of coordination acute respiratory fa disorder, seizures, liver, sepsis, and pro-	edical record documented in dmitted on 1/9/23 with medical pathy, end stage renal betes, liver transplant, kidney comy, gastritis, urinary tract a, abnormal gait immobility, hyperkalemia, heart failure, illure malnutrition, depressive chronic pain, cirrhosis of the neumonia. Physician order-puttock-cleanse with normal	\$. 41.		6 63 6 3		

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Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING: COMPLETED IL6015168 **B. WING** 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) \$9999 Continued From page 11 S9999 saline, apply (brand) non-adherent wound contact dressing, adaptic, and foam dressing every day shift on Tuesday, Thursday, Saturday, and Sunday. Face-sheet, medical diagnosis, physician order sheets, minimum data set [MDS], care plans, medication administration record, treatment administration record, and progress notes. Policy; Documents in part -Prevention of Pressure Ulcers/Injuries dated 7/2017 "Support Surfaces and Pressure Redistribution" -Select appropriate support surfaces based on the resident's mobility, continence, skin moisture and perfusion, body size, weight, and overall risk factors "Monitorina" -Evaluate, report and document potential changes in the skin -Review the interventions and strategies for effectiveness on an ongoing basis R6 is an 80-year-old female initially admitted to the facility 11/28/2017. R6's diagnosis includes but is not limited to, Parkinson's Disease, Unspecified Dementia, Functional Quadriplegia. Dysphagia, Gastrostomy, Fracture of Lower End of Femur. R6 was hospitalized from 11/23/22-11/26/22 for distal right femur fracture and readmitted with right lower extremity (RLE) hinge brace and an order for the brace to be worn at all times except for hygiene. Skin was intact upon readmission based on Nursing Admission/Readmission Assessment completed on 11/26/22. R6's Braden Score for predicting pressure sore risk on 11/26/22 was assessed as being at high risk based on score of 10. R6 is NPO and receiving all nutrition from enteral feedings via gastrostomy tube.

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Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING: IL6015168 B. WING 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PRÉFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) S9999 Continued From page 12 S9999 R6 developed four pressure injuries identified on 01/11/23 in the following locations: right Achilles, right lateral lower leg, right inner ankle, and right outer ankle. Per facility document titled. "Wound Assessment Details Report" dated 01/12/23 performed by V18 (Wound Care Coordinator) documents in part, right Achilles unstageable with wound measurements (2.3x2.5x0.1) 100% slough white fibrinous, right lateral lower leg unstageable with wound measurements (0.90x2.0x0.1) 100% slough white fibrinous, right inner ankle unstageable with wound measurements (1.4x2.0x0.1) 95% slough white fibrinous 5% bright beefy red, right outer ankle unstageable with wound measurements (4.5x1.3x0.1) 95% slough white fibrinous 5% bright beefy red. On 01/18/23 at 11:24 AM, V8 (Registered Nurse/RN) stated that before 01/03/23. R6 was wearing a right lower extremity leg brace all the time and that there were special instructions not to remove it. V8 stated that before 01/03/23, R6's leg brace was not being removed for any reason. V8 stated that the Certified Nursing Assistants notify the nurses if any skin alterations are identified. On 01/18/23 at 2:33 PM, surveyors observed V18 (Wound Care Coordinator) providing wound care treatment to R6. V18 stated that R6 had four unstageable pressure wounds that were caused by the friction from R6's right lower extremity lea brace. V18 stated that the hinge type of brace is known to cause friction which is a risk factor for developing a skin alteration. V18 stated that the unstageable pressure wounds were identified when R6's leg brace was taken off to give R6 a shower (01/11/23). V18 stated that the wound care doctor was at the facility on Monday

Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: IL6015168 B. WING 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADELOF NORTHBROOK, THE NORTHBROOK, IL 60062 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX **PREFIX** (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DATE **DEFICIENCY**) S9999 Continued From page 13 S9999 (01/16/23) but did not see R6 or R6's pressure wounds. V18 stated that the wound care physician did not see R6 because V18 did not refer R6 to the wound care physician, V18 stated that V18 only refers residents with wounds to the wound care physician if the wounds are declining or infected or healing is not progressing. Surveyors observed right inner ankle, right outer ankle, and right Achilles covered with alginate dressing. When alginate dressing was removed surveyors observed the right inner ankle, right outer ankle, and right Achilles covered in slough with drainage. V18 stated that V18 used a different treatment dressing (alginate) other than what is ordered ({brand} enzymatic wound debriding agent, adaptic dressing) because V18 had observed an increase in drainage from these wounds yesterday during wound treatment. V18 stated, "I haven't had a chance to change the treatment order yet." Surveyors observed V18 take measurements of wounds. V18 verbalized out loud the measurements obtained with the results as follows: right inner ankle (1.5x2,3x0.1), right outer ankle (4.5x1.4x0.1), right lateral leg (1.6x1.6x0.1). No measurement was provided for the wound to right Achilles. On 01/19/23 at 9:30 AM, V34 (Nurse Practitioner/NP) stated that V34 was not aware that R6 had developed pressure wounds and that the last time V34 had seen R6 was on 12/7/22. V34 stated, "I remember them calling me about R6 needing a doppler study, but I was not notified about the four unstageable pressure wounds. It looks like they notified R6's primary physician." V34 stated that R6 is wearing a hinge brace which is known to cause friction which has the potential to lead to skin issues. V34 stated that if the staff was conducting daily skin checks they would observe any signs of skin deterioration on

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2)		LE CONSTRUCTION	((X3) DATE	SURVEY
8 %	695	IL6015168	B. WING			01/20/2023	
NAME OF	PROVIDER OR SUPPLIER		DESS CITY	STATE, ZIP CODE	·	0172	.0/2023
		0111211101					- 00
CITADEL	OF NORTHBROOK,	, I ME	VAUKEE AV ROOK, IL. 60				W
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE ACT CROSS-REFERENCED TO DEFICIENCE	TON SHOUL	DBE	(X5) COMPLETE DATE
S9999	Continued From pa	age 14	S9999	H:			20 00
- 00	pressure point are	as quickly.		9			6
18050			:				67
3.7	On 01/19/23 at 11:	40 AM, V33 (Wound Care		180			185 T N
3	Physician) stated t	hat V33 assesses and treats	77				K
	residents referred	with all pressure ulcers,					2
y ** **	vascular ulcers, su	rgical ulcers, surgical wounds	10				8
- 5		on-healing wounds and					
		s. V33 stated that V33 works on d therefore the nurse needs to	-				
	obtain an order fro	m the primary physician for			100		
	V33 to assess a re	sident. V33 stated V33 was		±5			18
		assess R6, and that it is the		2016			1.5
74	initial assessment	for R6, so it is the first time					
	V33 is doing meas	urements of R6's wounds. V33					_
		tageable pressure wounds to					(4) (A)
	the leg brace worn	by R6 and stated that the					
-	brace can cause fr	iction which is a risk factor for	140	1			
8	developing pressur	re wound(s). V33 stated that					
***	the facility should b	e doing daily skin checks to					
		es. V33 stated that it is				4	25 0
	important for the w	ound treatment orders to be					
	followed as prescri	bed and that the nurse should		100			
	not be changing th	e order(s).		>>		W	
	0- 01/10/22 -1 12	00 DM 140 (Manual O				. D	
		00 PM, V18 (Wound Care led to surveyor documents					7. 00
4	titled Visit Report f	for R6 on 01/19/23 signed by		j.			
		VI on 01/19/23 which		27 98			2.05
		that R6 has an unstageable					
5200	pressure injury on	right lateral lower log, right		1.5			87
100	Achilles area, right	lateral ankle and right medial		<i>i</i>			100
		23, and the patient had a right					
	leg brace for acute	complex fracture of distal		0			ļ
	femoral metaphysis	s since 11/23/22, the patient is		The state of the s			Ī
ŀ	at increased risk fo	r pressure injury due to the		3			
-c Vi	decreased mobility	and the patient should be on a					\$1
Æ	turning schedule. N	Measurements of the pressure					1
		ented as follows: right lateral	9 00			53	l l
		ith small amount of serous	-				ŀ
204	drainage and large	(67-100%) amount of necrotic		8			i i

Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLANOF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING: COMPLETED IL6015168 **B. WING** 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADELOF NORTHBROOK, THE NORTHBROOK, IL 60062 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX **PREFIX** (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) 59999 Continued From page 15 S9999 tissue within the wound bed including Adherent Slough; right Achilles (2.2x2.5x0.1) with medium amount of serous drainage and large (67-100%) amount of necrotic tissue within the wound bed including Adherent Slough; right medial malleolus (right inner ankle) (1.0x2.0x0.1) with medium amount of serous drainage and large (67-100%) amount of necrotic tissue within the wound bed including Adherent Slough; right lateral malleolus (right outer ankle) (4.2x1.3x0.1) with medium amount of serous drainage and large (67-100%) amount of necrotic tissue within the wound bed including Adherent Slough. Note there is a discrepancy between the measurements provided on V33's documentation compared to the wound measurements taken by V18 and observed by surveyors on 01/18/23. On 01/19/23 at 12:09 PM, V2 (DON) stated that the overall goal is to keep resident's skin condition intact and not have any acquired pressure injuries. V2 stated that R6 was wearing a hinge leg brace which can cause friction and that the brace was the cause of pressure wounds R6 acquired. V2 stated that the interventions put in place when R6 returned from the hospital with the leg brace included checking the leg brace every shift and doing daily skin checks. V2 stated that the purpose of the daily skin check is to monitor the skin for any breakdown or issues with circulation. V2 stated that it is the nurse's responsibility is to do the daily skin checks. V2 stated that when a wound is identified the resident should be seen as soon as possible by the wound care physician. V2 stated that the skin treatment orders should be followed as prescribed and not changed because if the orders are changed it is not possible to know if the treatment was effective or not which could hinder

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the wound healing process.

Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING: B, WING IL6015168 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 **SUMMARY STATEMENT OF DEFICIENCIES** PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE PREFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG DATE TAG DEFICIENCY) S9999 Continued From page 16 S9999 On 01/20/23 at 9:52 AM, V35 (Registered Dietitian) stated that R6 is receiving tube feeding formula and a commercial protein supplement via feeding tube for nutrition which is providing a total of 1320 calories, 77 gm protein. V35 estimated R6's nutritional needs as 1040-1300 calories. 62-73 grams protein. V35 stated R6 is receiving adequate nutrition from tube feedings with use of commercial protein supplement. R6's MDS (Minimum Data Set) dated 12/02/22 BIMS (Brief Interview for Mental Status) score is 0 indicating severe cognitive response (rarely/never understood) and section G (Functional Status) documents in part R6 requires total dependence for transfer and extensive assistance with bed mobility, dressing, toilet use and personal hygiene and limited range of motion on both upper and lower extremities. R6's Order Summary Report dated 01/18/23 documents in part check circulation, motion. sensation of right lower extremity every shift for brace right lower extremity (RLE) (12/06/22), check skin daily (12/06/22), and skin check daily under brace (RLE) every evening shift (12/14/22). R6's Treatment Administration Record dated 01/01/23-present documents in part, right lower leg: cleanse with normal saline, apply (Brand) enzymatic wound debriding agent to open areas, adaptic, dry dressing every day shift for RLE wounds dated 01/12/23. Facility policy titled, "Prevention of Pressure Ulcers/Injuries" dated July 2017 documents, in part assess the resident on admission for existing pressure ulcer/injury risk factors and repeat the risk assessment weekly, identify areas of

Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING: COMPLETED B. WING IL6015168 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PREFIX PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DATE DEFICIENCY) S9999 Continued From page 17 S9999 impaired circulation due to pressure from positioning or medical devices and inspect the skin on daily basis, identify any signs of developing pressure injuries (i.e. non-blanchable erythema) and inspect pressure points. (A) Statement of Licensure Violations (2 of 2) 300.610a) 300.1010h) 300.1210b) 300.1210d)2) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1010 Medical Care Policies h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not

Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER.** A. BUILDING: COMPLETED B. WING IL6015168 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) OMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE PRÉFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DATE **DEFICIENCY**) S9999 Continued From page 18 S9999 limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 2) All treatments and procedures shall be administered as ordered by the physician. These requirements were Not Met as evidenced by: Based on observation, interview and record review, the facility failed to provide oral nutritional supplement as prescribed by physician. This failure resulted in a significant weight loss (>5% change over a span of 1 month and >10% change over a span of 6-month period) for 1 (R57) of 7 residents reviewed for nutrition in a total sample of 30. Illinois Department of Public Health

<u> Illinois l</u>	Department of Public	: Health			FORM	APPROVED
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA		PLE CONSTRUCTION G:	(X3) DATI	E SURVEY PLETED
E 15		IL6015168	B. WING		044	00/0000
NAME OF	PROVIDER OR SUPPLIER	STREET AD	DRESS CITY	, STATE, ZIP CODE		20/2023
CITADE	OF NORTHBROOK		WAUKEE A		28.50	
CHADE	L OF NORTHBROOK,	1116	ROOK, IL 6			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES			PROVIDER'S PLAN OF CO (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	N SHOULD BE EAPPROPRIATE	(X5) COMPLETE DATE
S9999	Continued From pa	age 19	S9999			111
	Findings include:	70 U.S.	54	~	25	
		SEAN MICH.	157			
tal.	the unit dining roon with eyes closed ar	16 PM, surveyor observed V10 Assistant/CNA) feeding R57 in n, with R57 eating very slowly and overall poor intake less than				a
12	lunch tray.	No supplement observed on		3.7	92	ile.
	The state of the s		. X	0 6		*
\$ A	(Restorative Coord dining room, No co	55 AM, surveyor observed V37 inator) feeding R57 in unit mmercial oral supplement fast tray. No commercial oral or R57's meat ticket		= 5		
	o approximent librory	intor a mearticket.	52			
. A C	On 01/18/23 at 9:13 Pathologist) stated assistance.	3 AM, V16 (Speech Language that R57 requires 1:1 feeding		C		
ű.	Assistant/CNA) re-v the surveyor using t unit. V19 stated tha to weight V19 every	25 AM, V19 (Certified Nursing veighed R57 upon request of the wheelchair scale on the this is the scale used by staff month. Surveyor observed in R57's wheelchair with			* * * * * * * * * * * * * * * * * * *	
	fleece lap blanket a 198.4 pounds. The by V19 saying the w After lunch at 2:08 F	nd sheet. This weight was weight reading was confirmed reight scale reading out loud. PM, V19 transferred R57 to elchair was weighed without		ā	×	
8 A	R57 sitting in it. R57 additional items of the sheet was wheeled the weight of was 80 reading was confirm scale reading out lost	"s wheelchair plus the he fleece lap blanket and back onto the unit scale and 0.4 pounds. The weight led by V19 saying the weight lud. The difference between makes the weight of R57 to				
623	On 01/18/23 at 12:2	1 PM, V8 (Registered			46 J	

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Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING: COMPLETED B. WING 1L6015168 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (X5) COMPLETE (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DATE DEFICIENCY) S9999 Continued From page 20 S9999 Nurse/RN) stated that V8 did not give anyone on the unit Ensure supplement this morning as part of medication pass. V8 stated that there is not any Ensure supplement on the nursing unit or in the medication cart to give out. V8 stated that R57 did not receive (Brand) nutritional supplement this morning from nursing. On 01/19/23 at 9:40 AM, V34 (Nurse Practitioner/NP) stated that V34 has not seen R57 in person since 11/2022 but V34 did give a verbal order over the phone to approve R57 for labs, chest x-ray, speech evaluation and calorie counts. V34 stated that V34's expectation is that if R57 has an order for oral supplement then R57 should be receiving the supplement as ordered and that the purpose of the supplement is to provide R57 with additional calories to prevent weight loss. V34 stated that R57's weight loss is not desired or planned and is concerning since R57 is continuing to lose weight. On 1/19/23 at 9:45 AM, V26 (Dietary Manager) stated that when commercial oral supplements such as (Brand) are ordered with meals then the (Brand) oral nutritional supplement is provided by the kitchen and put on resident meal trays for that meal. V26 stated that if a resident has a physician order for (Brand) oral nutritional supplement, then that supplement will be listed on the resident's meal ticket, so the kitchen staff knows to add the supplement to the resident's meal tray, V26 stated that (Brand) oral nutritional supplement was in stock and available in the kitchen for use. V26 stated that a doctor or registered dietitian can order a supplement and that the staff notifies the kitchen when this occurs so that the kitchen can enter this information into the kitchen computer system which then generates the supplement on the meal ticket. V26 reviewed

Illinois	Department of Public	Health		= 1		FORM	APPROVED
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		OF DEFICIENCIES (X1) PROVIDED/SUBDITED/SUA		PLE CONSTRUCTION 3:		(X3) DAT COM	E SURVEY IPLETED
23 - 225	25 65	IL6015168	B. WING			04	00/000
NAME OF	PROVIDER OR SUPPLIER	STREET AL	DRESS CITY	STATE, ZIP CODE		01/	20/2023
CITADE	OF NORTHBROOK		WAUKEE A				
CHADE	L OF NORTHBROOK,		ROOK, IL 6			- 0	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES		ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION			(X5) COMPLETE DATE
S9999	Continued From pa	ge 21	S9999				9.1
Y 700	R57's menu profile	in the kitchen computer		4 3		617	r _a
s 8:	system and stated t	that R57 does not have	1		11.5		. =1
	(Brand) nutritional s	Supplement listed on R57's	34				
583	meals tickets and t	nerefore is not receiving	0.7	*			2 2 3
10	(Brand) nutritional s	supplement from the kitchen.	ł	50			60 11 950
	On 01/19/23 at 10:0	MAM V31 (Dieton)					
	Technician) stated t	hat calorie counts were		20			
	conducted last wee	k but only given to V31 this		12			
	morning to calculate	€. V31 stated that R57 is	E				7.
	consuming an avera	age intake of 732 calories per		X			
10	day based on the ca	alorie count results and that					
4.7	maintain P57's wais	ng enough calories to		(a) 20		1	727
	medical record and	tht. V31 reviewed electronic stated, "I do see the order for					
	(Brand) oral nutrition	nal supplement." V31 stated	2.0	88			
	that K5/ is not rece	iving (Brand) oral nutritional					- D
	supplement from the	e kitchen at this time V31					2
1	stated that if a resid	ent had an order for a			E 10 10		ĺ
	supplement but was	not receiving the supplement					8
157	and this could cause	t be able to maintain weight, further weight loss because	17	8 8			25. 37
1.0	the purpose of the s	upplement is to provide extra		49			
2. A	calories. V31 stated	that V31 was not aware of	15			İ	_
8 5	R57's weight loss ar	nd that a weight loss buts a		94			7 m
ŀ	resident into a high-i	risk category, which would	m 178		-		
	require a referral to t	he registered dietitian for an		8 8 6		l	\times
'	assessment.	E4 M					
	On 01/19/23 at 10:4	7 AM, surveyor conducted					
l i	nterview with V35 (F	Registered Dietitian) over the			72		307
28	phone. V35 stated th	nat V35 worked remotely this				-	1
	week and that V35 h	ad not been notified about	Y)			i	
	R57's weight loss thi	s month vet. V35 stated that	100			*3	
ļ	current interventions	in place include use of					
	brand) oral nutrition	al supplement once per day				j	
γ : δ	at breakfast meal wh	lich would provide	32				1
1	hat the kitchen was	alories. V35 was not aware not giving R57 the (Brand)			10	10	
ا	ral nutritional supple	ement and stated, "I am	127		- 60		

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Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: B. WING IL6015168 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG **DEFICIENCY**) S9999 Continued From page 22 S9999 surprised that the kitchen has not been giving what is ordered." V35 stated that if a resident is not receiving a supplement as ordered, it has the potential risk for causing continued weight loss. V35 reviewed the diet technician's progress note documenting the calorie count results and stated that the calories R57 is consuming is not adequate and that without increasing R57's calorie intake, further weight loss is likely. R57 was admitted to the facility on 10/31/16 and has diagnoses which includes but not limited to: Unspecified Dementia, Hemiplegia and Hemiparesis Following Cerebrovascular Disease Affecting Right Dominant Side, Type 2 Diabetes Mellitus, Schizoaffective Disorder. R57's Order Summary Report dated 01/18/23 documents in part (Brand) oral nutritional supplement, one time a day for supplement at breakfast with order date from 11/08/22. R57's MDS (Minimum Data Set) from 11/15/22 BIMS (Brief Interview for Mental Status) was not calculated but indicated in section C0600 resident was unable to complete BIMS and indicated short and long-term memory problem, R57's MDS section G (Functional Status) dated 11/15/22 documents in part, limited assistance with eating and section GG (Functional Abilities and Goals) substantial/maximal assistance with eating. R57's care plan dated 11/09/22 documents in part, R57 is underweight, malnourished and to provide diet supplement as prescribed by physician. R57's Nutrition/Dietary progress note dated 01/19/23 completed by V35 at 11:15 AM documents in part, R57 has had a significant

Illinois Department of Public Health STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER.** A. BUILDING: COMPLETED IL6015168 **B. WING** 01/20/2023 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3300 MILWAUKEE AVE. CITADEL OF NORTHBROOK, THE NORTHBROOK, IL 60062 (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (X5) COMPLETE (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DATE DEFICIENCY) S9999 Continued From page 23 S9999 weight loss based on -9.7% change in 1 month, -10.5% change in 3 months, and -16% change in 6 months. V35 used the following weights to complete the progress note: (01/11/23) 122.4 pounds, (12/5/22) 135.5 pounds, (10/5/22) 136.8 pounds, (07/1/22) 146.2 pounds. V35 assessed R57's BMI (20.4) as being low for R57's age and that calorie count results show R57's average daily intake is 732 kcals which is not enough to maintain and/or gain weight. Facility document titled, "Weights & Vitals" dated 01/18/23 documents, in part, R57's weights as follows: (1/11/23) 122.6 pounds, (12/5/22) 135.5 pounds, (11/8/22) 135.5 pounds, (10/13/22) 136.8 pounds, (7/8/22) 146.4 pounds. Facility policy titled, "Nutrition, (Impaired)/Unplanned Weight loss - Clinical Protocol" dated 09/2017 documents, in part, that the staff will report to the physician significant weight losses. Facility policy titled, "Supplements" undated documents in part that nutritional supplements will be provided as ordered to clients, nursing and dietary will distribute the nutritional supplement. Illinols Department of Public Health