

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6005748</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>01/04/2023</b>
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NAME OF PROVIDER OR SUPPLIER  <b>MAR KA NURSING HOME</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>201 SOUTH 10TH STREET MASCOUTAH, IL 62258</b>
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S 000	Initial Comments	S 000		
	Facility Reported Incident of January 1, 2023/IL154868			
S9999	Final Observations	S9999		
	<p>Statement of Licensure Violations: 300.610a) 300.1210b) 300.1210d)6)</p> <p>Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p>		<p><b>Attachment A</b> <b>Statement of Licensure Violations</b></p>	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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S9999	<p>Continued From page 1</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>These regulations were not met as evidenced by:</p> <p>Based on interview and record review the facility failed to provide a safe environment and safe interventions during transfers to prevent falls for 1 of 3 residents (R3) reviewed for falls in the sample of 6. This failure resulted in R3 falling and fracturing his right hip, requiring hospitalization and surgery.</p> <p>Findings include:</p> <p>The facility's Initial Report of Accident with Injury to IDPH (Illinois Department of Public Health) dated 10/29/22 documents, "On 10/29/22 at 12:57 PM (R3), age 81, sustained a fall during a transfer in his bathroom. Resident complained of right hip pain during assessment by the nurse. MD (Medical Doctor) notified of fall and order received to obtain x-ray of right hip. POA (Power of Attorney) updated on fall and new order for x-ray. X-ray results show acute intertrochanteric hip fracture. MD notified at 5:00 PM of results and new order received to transfer to (local hospital) emergency room for evaluation and treatment.</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>POA notified of results and new order to transfer resident. Administrator notified of fracture at 5:10 PM by (V12) Licensed Practical Nurse (LPN). Initial report. Final to follow.</p> <p>The facility's fall investigation dated 10/29/22 includes the following documentation:</p> <p>V11's, Certified Nursing Assistant (CNA), handwritten statement dated 10/29/22, included in R3's fall investigation provided by V1, Administrator, documents, "I was assisting (R3) to the toilet; he grabbed the bars as usual (both hands). I asked did he have his balance, he answered "yes". I went to make sure the chair was locked because in order for him to back up close enough to the toilet, he has to hold the bar and transfer one hand to his wheelchair because the bar isn't long enough. As I was quickly checking the chair, he then let one hand go too soon and fell to the left side. The nurse was notified immediately.</p> <p>The facility's document, "Investigative Guideline Fall" documents the root cause of R3's fall on 10/29/22 as, "Resident let go of bar during transfer. No gait belt on resident. "</p> <p>R3's Physical Therapy note dated 10/28/22 documents, "PTA (physical therapy assistant) providing CNA with Inservice training on transfers with patient. PTA educates CNA on use of gait belt, allowing patient increased time, and vc (voice commands) in left ear for greater stability."</p> <p>The facility's document, "Statement of Education for Employees" dated 10/31/22 at 11:30 PM documents, "Inservice training presented by V1, Administrator to V11, CNA: The following areas of instruction were covered: (R3) transfer status,</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>policy and procedure for transfers, and following interventions."</p> <p>R3's hospital records document x-ray results dated 10/30/22 at 12:58 AM as, "Impression: 1. Compression deformity of L2 (lumbar 2) vertebral body with a 50% height loss in the midportion is new from 3/8/22 exam. The hospital records document, under Assessment and Plan, "Right intertrochanteric hip fracture." R3's hospital records also document the results of x-ray of right hip dated 10/29/22 as: Comminuted, predominantly oblique intertrochanteric fracture of right proximal femur that is essentially non-displaced." The hospital records further document, "Reason for Admission: Hip Fracture". History of Present illness" (R3) is an 81-year-old male with past medical history significant for Atrial-fibrillation, hypertension, presents to ER following a ground level fall. Patient states he was in the bathroom and fell to his right hip. He had immediate pain and could not get up. He denied any head injury or loss of consciousness. X-rays showed right hip fracture. Orthopedics notified. He will need an intertrochanteric nailing of the right hip performed. His surgery will be scheduled for late Tuesday afternoon/evening."</p> <p>R3's Face Sheet documents his diagnoses include Nondisplaced Intertrochanteric Fracture of Right Femur, Aftercare Following Joint Replacement, Primary Osteoarthritis of Right and Left Hips, Muscle Weakness, Repeated Falls, and Heart Failure.</p> <p>R3's Minimum Data Set (MDS) dated 10/16/22, prior to his fall with a right hip fracture on 10/29/22, documents he was severely cognitively impaired and requires extensive assist of one staff for bed mobility and extensive assist of two</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>staff for transfers and toileting. It documented he is always incontinent of bowel and bladder.</p> <p>R3's MDS dated 11/18/22, after his fractured hip, documents he is severely impaired cognitively, he requires extensive assist with bed mobility, and he is dependent on two staff for transfers and toileting.</p> <p>R3's Care Plan documents: The resident is at risk for falls: Gait/balance problems: 9/26/22 resident lost balance during transfer and fell. resident had on crocs with no back. 10/29/22: witnessed fall while being transferred off toilet. Resident let go of rail and fell resulting in fracture. 1/1/23: resident rolled out of bed resulting in subdural hematoma Interventions for this care plan include: 1/1/23: bolsters to be added to bed when resident returns 10/29/22: Resident sent to ER for tx (treatment). Staff education. Therapy to eval and tx (treat) as ordered was resident returns from hospital. 9/26/22 ensure resident has on appropriate footwear for transfers Area around the recliner/lift chair will be free from clutter/hazards Assistive devices will be within reach of resident while they are in the recliner/lift chair Be sure the resident's call light is within reach and encourage the resident to use it for assistance as needed Do not leave resident in bathroom unattended Provide Reacher/Grabber device</p> <p>On 1/3/23 at 2:50 PM V11 went to R3's bathroom to demonstrate how he fell and fractured his hip on 10/29/22. V11 stated R3 was holding onto the</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>grab bar in front of the toilet, and she went to move his wheelchair (w/c) out of the way so he could sit down on the toilet, and during those few seconds she was moving his w/c, he lost his balance and fell against the door to his neighbor's room, falling through the door, breaking the door frame and falling onto the floor in that room. When asked why she did not use a gait belt while transferring R3 onto the toilet, V11 stated, "That was totally on me. I was just moving too fast." V11 stated before he broke his hip on 10/29/22, (R3) was a fairly easy transfer of one assist with a gait belt.</p> <p>On 1/4/23 at 10:25 AM V1, Administrator, stated she would expect staff to use a gait belt when transferring any resident who requires assist of one or two staff to transfer. V1 stated she is not sure how much assist R3 was requiring at the time of his fall on 10/29/22 when he fractured his hip because therapy was frequently changing his transfer status but did not communicate the changes to nursing. V1 stated now, if therapy changes the transfer status of a resident, they provide nursing with a document that states how that resident transfers and how many staff is required to assist that resident. V1 stated staff should use a gait belt any time a resident requires physical assist w/transfer</p> <p>The facility's undated policy, Safe Lifting and Movement of Residents, documents "1. Resident safety, dignity, comfort and medical condition will be incorporated into goals and decisions regarding the safe lifting and moving of residents. 3. Staff responsible for direct resident care will be trained in the use of manual (gait/transfer belts, slide boards) and mechanical lifting devices.</p> <p>The facility's policy, "Fall Policy" revised 9/17/19</p>	S9999		

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S9999	Continued From page 6  documents, "Purpose: The purpose of the Fall Management Program is to develop, implement, monitor and evaluate an interdisciplinary team falls approach and manage strategies and interventions that foster resident independence and quality of life. The Fall Management Program promotes safety, prevention and education of both staff and residents. Policy: The facility shall ensure that a Fall Management Program will be maintained to reduce the incidence of falls and risk of injury to the residents and promote independence and safety."  (A)	S9999		