

Illinois Department of Public Health

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:<br><br><b>IL6005466</b> | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING: _____<br><br>B. WING _____ | (X3) DATE SURVEY COMPLETED<br><br><b>08/11/2022</b> |
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| NAME OF PROVIDER OR SUPPLIER<br><br><b>QUINCY HEALTHCARE &amp; SR LIVING</b> | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>1440 NORTH 10TH STREET<br/>QUINCY, IL 62301</b> |
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| S 000              | Initial Comments  | S 000         |   |                    |
| S9999              | <p>Annual Licensure and Certification</p> <p>Final Observations</p> <p>Statement of Licensure Violations:</p> <p>300.610a)<br/>300.1210b)<br/>300.1210d)5)</p> <p>Section 300.610 Resident Care Policies<br/>a)The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care<br/>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>Section 300.1210 General Requirements for</p> | S9999         | <p style="text-align: center;"><b>Attachment A</b><br/><b>Statement of Licensure Violations</b></p>             |                    |

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| Illinois Department of Public Health<br>LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X8) DATE |
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| S9999              | <p>Continued From page 1</p> <p>Nursing and Personal Care</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing.</p> <p>These regulations were not met as evidenced by:</p> <p>Based on observation, interview and record review, the facility failed to identify risk factors and implement measures to prevent the development of pressure ulcers for one of four residents (R26) reviewed for pressure ulcers in a sample of 25. These failures resulted in R26 developing an unstageable pressure ulcer to the left heel and a stage two pressure ulcer to the coccyx.</p> <p>Findings include:</p> <p>A Prevention of Pressure Injuries policy dated as revised 4/2020 states, "The purpose of this procedure is to provide information regarding identification of pressure injury risk factors and interventions for specific risk factors." This policy instructs to, "Conduct a comprehensive skin assessment upon (or soon after) admission, with each risk assessment, as indicated according to</p> | S9999         |   |                    |

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| S9999              | <p>Continued From page 2</p> <p>the resident's risk factors, and prior to discharge," and "Reposition all residents with or at risk of pressure injuries on an individualized schedule, as determined by the interdisciplinary team," and "Choose a frequency for repositioning based on the resident's risk factors and current clinical practice guidelines."</p> <p>R26's Minimum Data Set (MDS) assessment dated 5/18/22 documents R26 is moderately cognitively impaired with inattention and an altered level of consciousness. In addition, R26's MDS assessment documents R26 requires extensive assistance of two people for bed mobility, transfers, toilet use, personal hygiene, and is unable to walk. In addition, R26's MDS assessment documents R26 is at risk for developing pressure ulcers and has had a weight loss of 5% (percent) or more in the last month or a loss of 10% or more in the last six months.</p> <p>R26's Braden Risk for pressure ulcer development dated 4/19/22 documents R26 is at moderate risk for developing a pressure ulcer because R26 has very limited sensory perception, is chairfast, probable inadequate nutrition, is occasionally moist and has the potential for skin breakdown related to friction and shear.</p> <p>R26's Wound Assessment dated 7/2/22 to 8/7/22 documents R26 developed an unstageable pressure ulcer to the left heel which measured 6 cm (centimeters) long x 6cm wide which was white in appearance on 7/2/22. This same assessment documents that over the course of the next four weeks R26's left heel wound increased in size measuring 7.4 cm long x 6.8 cm wide when last measured on 8/7/22.</p> <p>R26's Wound Assessment dated 7/24/22 to</p> | S9999         |   |                    |

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| S9999              | <p>Continued From page 3</p> <p>8/6/22 documents R26 developed a stage two pressure ulcer to the coccyx on 7/24/22 measuring 1.4 cm long x 1 cm wide x 0.2cm deep which had a pink center with scant drainage.</p> <p>R26's Nurse Practitioner's (NP) Progress Note (dated 4/22/22), the first practitioner's assessment since R1's admission, documents R26 had a red area to her buttocks at the time of the assessment. This note also states that R26 was confused and weak; had a poor appetite and would spit out food.</p> <p>R26's Clinical Monitoring Detail Report dated 4/18/22 to 8/2/22 documents R26's admission weight was 232 lbs. (pounds). This same report documents that over the course of the next 10 weeks following R26's admission to the facility she suffered a 20.13% (percent) weight loss. On 4/25/22, R26's weight dropped to 223.6lbs, a 3.62% weight loss. On 4/29/22, R26's weight dropped to 217.6, a 6.21% weight loss. On 5/24/22, R26's weight dropped to 201.4lbs, an 11.47% weight loss. On 6/7/22, R26's weight dropped to 202.4lbs, a 12.76% weight loss. On 6/14/22 R26's weight dropped to 197, a 15.09% weight loss. On 6/21/22, R26's weight dropped to 196.7 lbs, a 15.17% weight loss. On 6/28/22 R26's weight dropped to 190.4 lbs, a 17.93% weight loss. On 7/2/22, R26's weight dropped to 185.3lbs, which is a 20.13% weight loss.</p> <p>R26's care plan dated 4/19/22 documents one of the focus areas of R26's care plan is for skin integrity concerns and states, "I am at high risk for skin breakdown." This same care plan includes interventions dated 4/19/22 which instruct, "Please help me to reposition frequently to help relieve pressure to my skin," and "Please ensure I have a pressure relieving mattress on</p> | S9999         |   |                    |

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| S9999              | <p>Continued From page 4</p> <p>my bed, and cushion in my wheelchair," and "Apply preventive barrier cream to my skin after cleansing me, and as needed." This care plan does not include any revisions for the prevention of skin integrity issues, such as pressure ulcers, until 7/5/22 which is after R26 developed the unstageable pressure ulcer to her left heel. R26's care plan intervention dated 7/5/22 states, " Apply heel protectors to both my feet and off load my heels when I lay down." This care plan does not include any additional interventions were added after 7/5/22 until 8/2/22, which is after R26 developed the stage 2 pressure ulcer to her coccyx on 7/24/22. R26's care plan intervention added as of 8/2/22 states, "I take high protein supplements to help my skin heal."</p> <p>On 8/9/22 at 10:30a.m. R26 was seated in a recliner in her room with her feet elevated on a footrest. There were fabric quilted boots on R26's feet with cut out areas in the heels leaving the heels exposed. R26's heels were resting on the footrest of the recliner without any part of the boot protecting R26's heels. R26's left foot appeared to be bent abnormally forward indicating R26 had foot drop. R26 was also seated directly on her buttocks/coccyx without a pressure relief cushion in place. There was a high-backed wheelchair in the corner of R26's room which also did not have a pressure relieving cushion in place. V3 (Certified Nurse Aide/CNA) and V4 (CNA) entered R26's room and proceeded to transfer R26 to the bed using a mechanical lift. Once R26 was lowered to the bed, V3 and V4 provided total assistance to turn R26 from side to side while they performed a skin observation and incontinence care. V3 verified R26 did not have a pressure relief cushion in her recliner stating that R26 has never had a cushion in her recliner since R26's admission to the facility. V3 also verified</p> | S9999         |   |                    |

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| S9999              | <p>Continued From page 5</p> <p>R26 did not have a cushion to her wheelchair stating that R26 currently does not sit in her wheelchair anyway. R26 had an open wound without a dressing to the top of R26's left buttock which was approximately 1.5cm long x 0.8cm wide x 0.2 cm deep with a pale pink wound bed. R26's left heel was covered with a gauze dressing. V3 and V4 completed R26's incontinence care, and without applying protective cream to R26's buttocks area, V3 and V4 reapplied R26's incontinence brief and covered R26 with a blanket. Before leaving the room V3 placed a pillow under R26's feet. R26's legs weighed down the pillow making R26's left heel rest on the mattress. V3 stated R26 was not able to move very much when she was first admitted to the facility but is now able to move her right leg and foot. V3 stated R26 is not able to move her left foot very well and that R26's left foot has a foot drop. V3 and V4 left R26's room, with R26's left heel wound resting on the mattress and R26 laying on her back with R26's weight on her coccyx wound. At 11:10a.m. V5 (Registered Nurse) entered R26's room to perform dressing changes to R26's left foot and left buttock wound. V5 stated R26's left buttock wound is considered a stage 2 coccyx pressure ulcer and R26's left heel is considered an unstageable pressure ulcer. When V5 removed the soiled dressing from R26's left heel, R26's entire heel, approximately the size of a baseball, was covered in black/brown tissue.</p> <p>On 8/9/22 at 12:36p.m. and on 8/11/22 at 2:25p.m. V1 (Administrator) stated she is a member of the interdisciplinary team (IDT) and a nurse. V1 stated that all residents are turned and repositioned every two hours. V1 stated that the facility and IDT did not assess R26's tissue tolerance to see if her individualized turning and repositioning schedule should be more frequently</p> | S9999         |   |                    |

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| S9999              | <p>Continued From page 6</p> <p>than every two hours. V1 verified that no additional pressure ulcer prevention measures were put into place after the initial interventions were added 4/19/22 until after R26 developed a left heel unstageable pressure ulcer on 7/2/22. V1 verified no new pressure ulcer preventive measures were added after R26 developed her left heel pressure ulcer and before she developed the stage 2 pressure ulcer to her coccyx 7/24/22. V1 stated that R26's weight loss was addressed by the facility's Registered Dietitian, but no new pressure relief interventions were implemented based on R26's increased risk for the development of pressure ulcers as a result of significant weight loss. V1 verified that R1's pressure relief boots were not implemented until after R1 developed the unstageable pressure ulcer to her left heel. V1 stated that R26 did not use a pressure relief cushion in her recliner because it made R26 sit too high and increased her fall risk.</p> <p>(B)</p> | S9999         |   |                    |