

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6010433	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 04/09/2021
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NAME OF PROVIDER OR SUPPLIER SPARTA TERRACE	STREET ADDRESS, CITY, STATE, ZIP CODE 1501 MELMAR DRIVE SPARTA, IL 62286
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Z 000	<p>COMMENTS</p> <p>Annual Certification Survey-Full</p> <p>Inspection of Care</p> <p>ANNUAL CERTIFICATION SURVEY-EXTENDED</p>	Z 000		
Z9999	<p>FINDINGS</p> <p>Statement of Licensure Violation:</p> <p>350.620a) 350.1040b)1) 350.1210b) 350.1230b)3) 350.1230d)3) 350.1840b)e) 350.3220f) 350.3240a)</p> <p>Section 350.620 Resident Care Policies</p> <p>a) The facility shall have written policies and procedures governing all services provided by the facility which shall be formulated with the involvement of the administrator. The policies shall be available to the staff, residents and the public. These written policies shall be followed in operating the facility and shall be reviewed at least annually.</p> <p>Section 350.1040 Speech Pathology and Audiology Services</p> <p>b) Speech pathology and audiology services available to the facility shall include the following:</p> <p>1) Screening and evaluation of residents with respect to speech and hearing functions.</p>	Z9999	<p style="text-align: center;">Attachment A Statement of Licensure Violations</p>	

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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Z9999	<p>Continued From page 1</p> <p>Section 350.1210 Health Services</p> <p>The facility shall provide all services necessary to maintain each resident in good physical health. These services include, but are not limited to, the following:</p> <p>b) Nursing services to provide immediate supervision of the health needs of each resident by a registered professional nurse or a licensed practical nurse, or the equivalent.</p> <p>Section 350.1230 Nursing Services</p> <p>b) Residents shall be provided with nursing services, in accordance with their needs, which shall include, but are not limited to, the following: The DON shall participate in:</p> <p>3) Periodic reevaluation of the type, extent, and quality of services and programming.</p> <p>d) Direct care personnel shall be trained in, but are not limited to, the following:</p> <p>3) First aid in the presence of accident or illness.</p> <p>Section 350.1840 Diet Orders</p> <p>b) Physicians shall write a diet order, in the medical record, for each resident indicating whether the resident is to have a general or a therapeutic diet. The diet shall be served as ordered.</p> <p>e) A therapeutic diet means a diet ordered by the physician as part of a treatment for a disease or clinical condition, to eliminate or decrease certain substances in the diet (e.g., sodium) or to</p>	Z9999		
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Z9999	<p>Continued From page 2</p> <p>increase certain substances in the diet (e.g., potassium), or to provide food in a form that the resident is able to eat (e.g., mechanically altered diet).</p> <p>Section 350.3220 Medical Care</p> <p>f) All medical treatment and procedures shall be administered as ordered by a physician. All new physician orders shall be reviewed by the facility's director of nursing or charge nurse designee within 24 hours after such orders have been issued to assure facility compliance with such orders. (Section 2-104(b) of the Act)</p> <p>Section 350.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (Section 2-107 of the Act)</p> <p>These requirements were not met as evidenced by:</p> <p>Based on observation, interview and record review, the facility failed to ensure timely nursing interventions and medical treatment for 2 individuals in the sample, (R1, R2) who have a history of choking, when the facility failed to:</p> <ol style="list-style-type: none"> 1. Ensure a speech-language pathologist assessment was completed per physician's orders for 1 individual in the sample, (R1) who has had 2 additional choking episodes since referral was initially ordered. 2. Ensure a follow up appointment with a physician after a choking episode resulting in an emergency room visit to determine if preventative modifications or further evaluation of current diet 	Z9999		
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Z9999	<p>Continued From page 3</p> <p>orders are warranted for 1 individuals in the sample, (R2).</p> <p>3. Notify the dietitian regarding choking episodes for 2 individuals in the sample, (R1, R2).</p> <p>4. Ensure staff training and safeguards were in place after choking episodes for 2 individuals in the sample, (R1, R2).</p> <p>These failures have the potential to affect 13 individuals residing at the facility, R1-R13.</p> <p>The facility's policy titled, "Nursing Services," dated July/2014, documents in part, "Travel: 3. Delivery of instructions for procedures, medication changes, etc. as needed. Additional Documentation: 5. Update POS (Physician's Order Sheet)/MAR (Medication Administration Record) simultaneously when orders changed."</p> <p>The facility's policy titled, "Airway Obstructions," dated 10/23/2019, documents in part: "Procedure: 9. Notify the physician and the resident's guardian of the incident and current condition. Facility will follow up with the physician to determine if preventative modifications or further evaluation of current diet orders are warranted."</p> <p>1. Review of R1's POS (Physician Order Sheet) dated 3/2021, documents R1 functions in the Mild Range of Intellectual Disabilities with additional diagnoses of Depression, Suicidal Ideation, Schizophrenia, Constipation, Irritable Bowel Syndrome, and Diabetes Mellitus. Further review of R1's POS documents R1's diet as, "LCS (Low Triglyceride diet), she does not drink regular soda 3/28/12."</p>	Z9999		
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Z9999	<p>Continued From page 4</p> <p>Review of R1's ST (Speech Therapy) Progress & Discharge Summary dated 2/16/20, documents R1 has additional diagnosis of Dysphagia, Oropharyngeal Phase.</p> <p>Review of R1's accident/incident report dated 8/19/20, documents in part, "Resident sent to ER (Emergency Room) for choking episode."</p> <p>Review of R1's hospital records dated 8/19/20, documents R1 was evaluated for a choking incident, resulting in a diagnosis of Esophageal Obstruction.</p> <p>Further review of R1's hospital record documents physician orders were written as follows, "SLP (Speech-Language, Pathologist) Services to instruct in use of strategies, smaller portion size served instead of given entire meal at one time. Put utensils down between bites, alternate food/liquid bites, decrease distractions when eating, sit up for 15-20 minutes after meal."</p> <p>Review of R1's EGD (Esophagogastroduodenoscopy) dated 8/18/20 documents in part, "REASON FOR EXAMINATION: dysphagia with retained food material in a dilated esophagus, rule out distal stricture, tumor, achalasia. ESOPHAGUS: this process was very difficult due to the large amount of dry food and required the aid of Savary dilators, Balloon dilators and Roth-net. IMPRESSION: Large food impaction at mid-esophagus, partially removed and partially pushed into the stomach otherwise essentially normal EGD. Potential motility disturbances cannot be diagnosed endoscopically."</p> <p>Review of R1's hospital records documents R1 was evaluated for another choking incident on</p>	Z9999		

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Z9999	<p>Continued From page 5</p> <p>2/4/21 and documents in part, "Patient has a history of choking episodes due to vigorous self feeding. EMS (Emergency Medical Service) states that patient has a hx (history) of aspiration. States that patient hand emesis episode x1."</p> <p>R1's Annual Nursing Assessment dated 11/19/20 documents in part, "Regarding frequent choking episodes-request most recent swallow eval. (2/16/20) Remind resident to slow rate of consumption, no talk during eating, take drinks between bites. Monitor for difficult with eating/drinking at meals. Ground meats."</p> <p>Review of R1's Dietitian Memo dated 10/8/20 documents in part, "At this time no change in diet plan."</p> <p>Review of R1's Dietitian Memo dated 1/29/21 documents in part, "Current diet appears appropriate, meets assessed needs."</p> <p>Further review of R1's Dietitian Memo's, there is no indication that the dietitian was aware of the choking incident on 8/19/20.</p> <p>On 3/23/21 at 3:13 PM, R1 went to the dining room table for the supper meal. R1 had a divided plate with ground meat, mashed potatoes and collard greens with a regular cup of water with regular utensils consisting of a fork, knife and spoon.</p> <p>On 3/24/2021 at 7:45 AM, R1 exited the medication room and went directly to her breakfast plate at the dining room table. R1 had a divided dish with pancakes, potatoes, ham and a bowl of cereal. The pancakes were cut into pieces and the potatoes and ham were also altered, however R1 began feeding herself large</p>	Z9999		
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Z9999	<p>Continued From page 6</p> <p>amounts of pancakes quickly, without taking any drinks, and began to choke. R1's eyes became very wide eyed, her mouth was opened wide and a very faint noise was heard. R1 was unable to cough out the pancakes. E7/DSP, alone in the dining area, had his back turned to assist with another individua's wheeled walker, but did turn around towards R1 and stated, "(R1) you ate too fast, spit it out." R1 began to vomit and was able to clear her airway at that time.</p> <p>Interview with E3/RN (Registered Nurse) on 3/24/21 at 10:10 AM, when asked if the diet recommendations for R1 from her hospital visit on 8/19/20 should be on her current POS? E3 stated, "It should be on there. Yes, I can see how that would be an issue." In the same interview, when asked if the dietitian was notified of the choking incidents that occurred on 8/19/20 and 2/4/21 for R1? E3 stated, "I have no proof the dietitian was notified."</p> <p>Interview on 3/24/21 at 12:28 PM with E3/RN, when asked to explain what should happen after a choking event with a client, E3 stated, "Staff call me and describe if the person threw up and don't show signs of breathing difficulty and cleared the airway, staff should monitor for signs and symptoms of aspiration and pneumonia, shortness of breath, coughing, low SpO2 (oxygen saturation), blue tinged lips, blue fingernail beds. Then they would report abnormal findings to me. If resident choked and show signs of respiratory distress and wasn't able to clear the airway, they should perform the Heimlich maneuver and call 911. Upon discharge from the emergency room or hospital or after a choking incident, a follow-up appointment is set up with the PCP (Primary Care Provider) for orders and recommendations for speech, language, pathology and MBS (Modified</p>	Z9999		
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Z9999	<p>Continued From page 7</p> <p>Barium Swallow) study or diet modifications. Staff trained to continue to watch for choking episodes and signs of respiratory distress. Dietary is notified.</p> <p>Interview with E3/RN on 3/24/21 at 12:20 PM, when asked if there is staff signatures for training regarding choking episodes that occurred on 8/19/20 and 2/4/21 for R1? E3 stated, "No, I can't find them."</p> <p>Interview with E1/Administrator on 3/24/21 at 3:11 PM, when asked if R1 was referred to SLP on 8/19/20 per the physician's orders? E1 stated, "I have no proof of that."</p> <p>On 3/24/2021 at 3:00 PM, Z1 Registered Dietitian stated, "I just took over consulting with this facility in January 2021, If there was a choking episode I would expect to be notified of it. I would ensure that diets be temporarily downgraded, no large food, I would refer to a speech language evaluation with a swallowing study and take the recommendations of those assessments. I was not notified of the choking episode for R1 on February 4th 2021."</p> <p>2. R2's ISP, dated 10/8/2020, documents R2 functions in the Severe Range of Individuals with Intellectual Disabilities. R2's ISP further documents: "Diet: Double protein at meals, Low Concentrated Sweets (LCS), No Added Salt (NAS), and skim milk." R2's ISP also documents R2 has no teeth.</p> <p>Review of R2's ST Plan of Care (Evaluation Only) dated 10/7/17, documents in part, "Functional Deficits: swallowing, swallow status. Prior Level: minimal impairment (10-25% impairment; risk of trace aspiration, diet may need modified due to</p>	Z9999		

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Z9999	<p>Continued From page 8 medical/dental status.)"</p> <p>There is no evidence that further evaluations were completed for R2's potential need for a modified diet due to her medical and dental status since 10/7/17.</p> <p>R2's Accident/Incident Report, dated 6/23/2020, documents: "Resident sent to ER (emergency room) for choking episode." Update: "Sent home with Abx (antibiotic) and Flagyl. To follow up with PCP (Primary Care Physician)."</p> <p>R2's General Instructions from the Emergency Room, dated 6/23/2020, documents: "Thank you for visiting (Local Hospital), you have been evaluated today for the following conditions, Bronchitis. (Aspiration). See your doctor in 1 week. Your cat scan of your lungs was normal except for possible mild infection."</p> <p>Review of R2's Dietitian Memo dated 7/30/20 documents in part, "Noted is tolerating diet plan."</p> <p>Further review of R2's Dietitian Memo, there is no indication that the dietitian was aware of the choking incident on 6/23/20.</p> <p>R2's Accident/Incident Report, dated 6/23/2020, documents: "Resident sent to ER (emergency room) for choking episode." Update: "Sent home with Abx (antibiotic) and Flagyl. To follow up with PCP (Primary Care Physician)."</p> <p>The RN-Trainer Notification training sheet, dated 6/23/2020, documents: "Notes: Follow up from ER visit for choking episode. Start: Levofloxacin 500 Milligrams (MG) one tab by mouth once daily at 7 AM x 6 days for Pneumonia. Metronidazole 250 MG, one tab my mouth every 8 hours at 6</p>	Z9999		

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Z9999	<p>Continued From page 9</p> <p>AM, 2 PM, and 9 PM x 7 days for antibiotic use. RN Instructions: Give meds with plenty of water, watch for signs and symptoms of aspiration pneumonia: Increase coughing, shortness of breath, chest pain, fatigue, bluish tinge color to lips, change in oxygen saturation level. Check spo2 (Oxygen levels) every 2 hours x 24 hours then three times daily to continue. Notify RN trainer if level below 95%. Continue checking vitals per Covid protocol. Notify RN trainer if temp greater than 99.0, pulse above 90 or lower than 50, respirations greater than 22 or less than 14, blood pressure top # above 150 or lower than 100, bottom # higher 90 or less than 60."</p> <p>The RN-Trainer Notification does not include any safe guards related to prevention of further choking episodes regarding R2's rate of consumption during her meals or making any alterations to her diet.</p> <p>On 3/23/2021 at 11:45 AM, R2 was served a regular can of sugar filled soft drink, two pieces of pizza, 1 pepperoni and 1 sausage on a plate. A bowl of diced peaches and utensils were also provided, however R2 proceeded to eat the pizza, using her hands, consuming large pieces of pizza at a time.</p> <p>On 3/24/2021 at 7:20 AM, E2 Residential Service Director stated, "On 6/23/2020 at lunch, R2 became choked, I heard it from the office, the DSP said she was eating too fast, I did the Heimlich and food dislodged, I contacted the nurse and we sent her out to the emergency room." E2 further stated, "(R2) had a follow up appointment with her Primary Physician on 7/9/2020, however the appointment was canceled by us for some reason and R2 never had a follow up appointment for the choking incident on</p>	Z9999		

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Z9999	<p>Continued From page 10 6/23/2020."</p> <p>Interview with E3/RN on 3/24/21 at 10:10 AM, when asked if the dietitian was notified of the choking incidents that occurred on 6/23/20 for R2? E3 stated, "I have no proof the dietitian was notified."</p> <p>Interview on 3/24/21 at 12:28 PM with E3/RN, when asked to explain what should happen after a choking event with a client, E3 stated in part, "Dietary is notified."</p> <p>On 3/24/2021 at 9:10 AM, E3 Registered Nurse-Trainer stated, "I sent over staff training on 6/23/2020 related to R2's choking incident and the new orders for the medications ordered during the Emergency Room visit. "The staff should be mechanically alternating foods for the residents if they are unable to cut the food up themselves."</p> <p>Interview with E3/RN on 3/24/21 at 12:20 PM, when asked if there is staff signatures for training regarding choking episodes that occurred on 6/23/20 for R2? E3 stated, "No, I can't find them."</p> <p>On 3/24/2021 at 3:00 PM, Z1 Registered Dietitian stated, "I just took over consulting with this facility in January 2021, If there was a choking episode I would expect to be notified of it. I would ensure that diets be temporarily downgraded, no large food, I would refer to a speech language evaluation with a swallowing study and take the recommendations of those assessments."</p> <p>(A)</p>	Z9999		