

Illinois Department of Public Health

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6012173 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____ | (X3) DATE SURVEY COMPLETED 06/23/2017 |
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| NAME OF PROVIDER OR SUPPLIER WESTCHESTER HEALTH & REHABILITATION | STREET ADDRESS, CITY, STATE, ZIP CODE 2901 SOUTH WOLF ROAD WESTCHESTER, IL 60154 |
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| S 000 | Initial Comments Annual Health Statement of Licensure violations | S 000 | | |
| S9999 | Final Observations 1 of 2 Licensure 300.610a) 300.1210b) 300.1210d)5) 300.3240a) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Restorative measures | S9999 | <p>Attachment A Statement of Licensure Violations</p> | |

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| Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X6) DATE 07/21/17 |
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| S9999 | <p>Continued From page 1</p> <p>shall include, at a minimum, the following procedures: d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing.</p> <p>Section 300.3240 Abuse and Neglect a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident</p> <p>These requirements were not met as evidenced by:</p> <p>Based on interview, record review and observation the facility failed to identify, accurately assess and document pressure ulcers, provide the treatments as ordered and follow Infection Control policy for three of four residents (R17, R20 and R24) reviewed for pressure ulcers in the sample 23. These failures resulted in R17 and R24s' pressure ulcers deteriorating and R24 developing an additional stage II pressure ulcer.</p> <p>Findings include:</p> <p>The facility policy for "Skin Management" dated</p> | S9999 | | |
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| S9999 | <p>Continued From page 2</p> <p>8/2012 documents, A pressure ulcer is defined as any lesion caused by unrelieved pressure resulting in damage of underlying tissue. Pressure ulcers are usually over boney prominences an are staged to classify the degree of tissue damage observed. Wound Classification: The following Staging Classification is consistent with the National Pressure Ulcer Advisory Panel (NPUAP). Stage II: Partial thickness of skin loss involving epidermis and /or dermis: the ulcer is superficial and presents clinically as an abrasion, blister or shallow crater. Unstageable: When eschar is present, accurate staging is not possible until the eschar has sloughed or the wound has been debrided." Suspected Deep Tissue Injury: Purple or maroon localized area of discolored intact skin or blood-filled blister due to damage to underlying soft tissue from pressure and/or shear. the area may be preceded by tissue that is firm, mushy, boggy, or warmer or cooler as compared to adjacent tissue." The policy also documents, "Newly admitted residents: Upon admission, all residents are assessed for skin integrity by completing a head to toe physical assessment of skin condition completing a Braden Scale. The Braden Scale Score Risk will be completed weekly for 3 additional weeks for a total of 4 weeks. Residents admitted with skin impairments will have: a physician's order for a treatment. The wound location and characteristics documented in the Nurses Notes." the policy documents, "A Care Plan will be developed. Wounds are tracked acquired and are assessed and documented on the Weekly Pressure Ulcer Record. These records are maintained in the resident's Treatment Record (TAR) while in use. A Physician's Order will be written to monitor each ulcer and documentation on the TAR.</p> | S9999 | | |
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| S9999 | <p>Continued From page 3</p> <p>The facility's Glove Use policy (2012) documents the following: "When gloves are indicated, disposable single-use gloves should be worn. Used gloves should be discarded into the nearest waste receptacle inside the room. Nonsterile gloves should be used primarily to prevent the contamination of the employee's hands when providing treatment or services to the resident and when cleaning contaminated surfaces. Perform hand hygiene after removing gloves. Disposable (single-use) gloves must be replaced as soon as practical when contaminated, torn, punctured, they exhibit signs of deterioration, or when their ability to function as a barrier is compromised."</p> <p>1. R17 was readmitted from the hospital 6/6/2017. E4 Licensed Practical Nurse (LPN) documented the Admission Data Collection Assessment,"(R17) a pressure area on the sacrum described as "deep tissue pressure sore, purple in color." The wound measurements were omitted from the assessment.</p> <p>R17's 6/6/2017 the Progress Notes document, " Resident came back to facility with a stage 2 deep tissue pressure ulcer to sacrum. Dr. requested that resident have (hydrocolloid) dressing applied every three days and (as needed).</p> <p>On 6/7/2017 E38 (R17's Physician) documented a readmission History and Physical, "Skin, stage 2 sacral ulcer with healing parameters."</p> <p>On 6/8/2017 E38 visited documenting an order to "Cleanse sacral wound with normal saline/ wound cleanser: apply calcium alginate soaked in betadine solution, apply gauze, cover with</p> | S9999 | | |
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| S9999 | <p>Continued From page 4</p> <p>boarder gauze, secure with (tape) every day until healed."</p> <p>On 6/15/2017 Z2 Wound Care Specialist provided treatment for R17. Z2 documented, R17's pressure ulcer is unstageable with necrosis. The wound measured 8.0 centimeters (cm) x 8.5cm x immeasurable cm. The tissue is 40 percent (%) devitalized tissue and 50% granulation tissue." Z2 documented he "removed necrotic tissue and established the margins of viable tissue." Z2 recommended treatment, "Santyl once daily, dry protective dressing. Zinc Sulfate 220 milligrams (mg) daily for 14 days, vitamin C 50mg twice daily and a multivitamin daily."</p> <p>On 6/20/2017 at 12:30PM, E5 LPN cleansed R17 sacral pressure ulcer with wound cleanser, covered the wound with a betadine soaked calcium alginate dressing, applied a boarder gauze and large absorbent dressing then taped the perimeter of the dressing. The sacral wound was triangular in shape, approximately 8.5cm 8.5cm, unstageable with gray/brown eschar tissue covering the wound bed.</p> <p>On 6/20/2017 E5 documented in the Treatment Record (TAR) the treatment completed was "Cleanse sacral wound with normal saline/wound cleanser. Apply Santyl and dry dressing every shift."</p> <p>The June 2017 TAR has an order for "Cleanse sacral wound with normal saline/wound cleanser. Apply calcium alginate soaked in betadine solution. Cover with gauze and border gauze." This treatment has not been documented as completed the entire month of June.</p> | S9999 | | |
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| S9999 | <p>Continued From page 5</p> <p>On 6/21/2017 at 2:15PM , E4 stated, "We (the nurses) do not measure the wounds. The Wound Nurse and Wound Doctor measure the wounds. (R17) had that wound before he went to the hospital. It is worse now than when (R17) returned from the hospital." During this interview E5 LPN verified she did the treatment of betadine soaked calcium alginate and covered it with a dry dressing. E5 stated, "that is the current treatment, I think." E4 and E5 thought E11 LPN is the nurse in charge of making rounds with the wound doctor and measuring wounds.</p> <p>On 6/21/2017 at 2:30PM E11 stated, "The wounds or any skin issue should be measured upon admission or readmission by the nurse. I did not know (R17) had a wound before he went to the hospital but I do not take care of (R17). I only see him when the Wound Doctor makes rounds." E11 stated, "E2 (Director of Nursing) and I follow-up with the wound doctors ordered on the following day. On 6/15/2017 Z2 debrided the necrotic wound and when he finished the wound bed was pink."</p> <p>On 6/21/2017 at 4:45PM, E38 assessed R17 and stated, "The resident did not have a dressing on. The wound has eschar present and is worse. I think he may be dehydrated and needs to go back to the hospital." E38 stated he preferred, "the sacral wound dressing to be a calcium alginate soaked in betadine because the betadine keeps down the infection. I like Santyl however, it is a better treatment in a hospital situation since it is more likely the treatment will get done on a daily basis rather than being missed or having no dressing. That is not good at all."</p> <p>On 6/22/2017 at 4:00PM E8, Minimum data Set Coordinator (MDSC) stated R17 did not have a</p> | S9999 | | |
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| S9999 | <p>Continued From page 6</p> <p>Care Plan for the pressure ulcers on his sacrum.</p> <p>On 6/22/2017 at 3:00PM, Z2 Wound Care Physician stated, " I saw (R17) last week. I debrided the sacral wound. It was 50% necrotic and 40% slough. I debrided the slough but it remained unstageable. It was actually clean in some parts of the wound. It was two wounds but I measured it all as one because one was like a satellite of the other. If the wound was covered in eschar/ slough, it has deteriorated. The treatment of betadine soaked calcium alginate is not a treatment I would use. The betadine is drying and defeats the purpose of the calcium alginate. It is a concern if the wound has deteriorated and there was not a dressing in place when his doctor saw (R17) last night."</p> <p>2. R24's Braden Scale for Predicting Pressure Sore Risk dated 2/27/17 documents R24 responds only to painful stimuli, cannot communicate discomfort except by moaning or restlessness or has a sensory impairment which limits the ability for R24 to feel pain or discomfort over half of R24's body. The pressure sore risk assessment also documents R24 is chairfast with walking ability severely limited or non-existent, makes occasional slight changes in body position, and is unable to make frequent or significant changes independently. The pressure sore risk assessment documents that R24 has a problem with friction and shear requiring staff to completely lift R24 off the bed to prevent skin damage from sliding against the sheets during repositioning.</p> <p>R24's physician's orders (POS) dated 5/12/17 document R24 was prescribed a treatment with dressing changes to a bunion on R24's right foot two times per week and as needed. R24's POS dated 5/26/17 documents R24 was prescribed a</p> | S9999 | | |
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| S9999 | <p>Continued From page 7</p> <p>treatment to a blister to R24's left inner heel and right heel blister every three days and as needed. R24's POS dated 1/28/17 documents that R24 was prescribed a protective barrier cream to both sides of R24's buttocks and perineal area, "every shift for skin health and as needed (PRN) post incontinent care."</p> <p>R24's nurses' notes dated 5/11/17 at 3:56p.m., state, "Noted with blackish discoloration on the right bunion area. Affected area dry, no discharge noted." Nurse's notes document R24's wound a second time on 5/11/17 at 6:01p.m. at which time the wound was described as a blackish skin discoloration, with no other wounds being mentioned in the documentation. R24's nurse's notes do not document any information about R24's right bunion wound or any other wounds after 5/15/17.</p> <p>A list of the facility's residents with pressure ulcers dated 6/19/17 does not include R24.</p> <p>R24's Treatment Administration Record (TAR) dated 6/2017 documents R24 is receiving a treatment to a bunion to the right foot two times weekly and an adhesive gauze dressing to a right heel blister every three days and as needed. R24's TAR also documents R24 is receiving protective skin barrier cream to both sides of R24's buttocks and perineal area every shift as well as after episodes of incontinence.</p> <p>R24's Registered Dietitian Nutrition Note dated 5/18/17 states that R24 was being reviewed for a significant weight loss with a weight of 96.8 pounds (LBS) and with an eight percent (8%) weight loss over the last 90 days. The note also documents that R24 has, "Intact skin per 5/2017 wound note." The nutrition note does not include</p> | S9999 | | |

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| S9999 | <p>Continued From page 8</p> <p>dietary recommendations to aide in the healing of R24's wounds.</p> <p>R24's current comprehensive care plan does not include documentation that R24 is at risk for the development of pressure ulcers or that R24 had any wounds to R24's heels, or a blister to R24's right bunion. R24's care plan does not include any interventions for the prevention of pressure ulcers.</p> <p>R24's Skin- Head to Toe Skin /Checks assessment dated 6/1/17 documents R24 had an "existing non-pressure" ulcer and an existing blister to the right heel which was described as dry.</p> <p>R24's Skin- Head to Toe skin checks dated 6/8/17 and 6/15/17 document R24's, "right bunion ulcer remains the same."</p> <p>On 6/22/17 at 7:55a.m., E9 (Registered Nurse) entered R24's room to look at R24's dressing covering a blister to the right foot. E9 removed R24's sock and pulled the dressing back which was covering R24's foot near the big toe. The wound underneath the dressing was round and approximately 2.5cm (centimeters) in diameter with a dressing packed inside the wound which was saturated with a brownish drainage. R24 also had a dressing to the right heel which E9 stated was not covering a wound but being used as a protective measure. E9 rolled R24's right bunion dressing back into place and stated E9 would replace it later in the morning when she had time. E9 stated that she did not know if R24's right bunion wound was considered a pressure ulcer or if weekly measurements were being documented. E9 stated she did not know if R9 was being treated by a wound specialist or</p> | S9999 | | |
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| S9999 | <p>Continued From page 9</p> <p>why R24's wound treatment had not been changed since it was initiated 5/12/17 when R9's wound was documented as an unstageable blackish skin discoloration.</p> <p>On 6/22/16 at 12:45p.m., E9 (Registered Nurse), E12 (Director of Care Management), E2 (Director of Nurses), and E17 (Director of Clinical Services) entered R24's room to remove R24's right bunion dressing and right heel dressing, to perform a skin and wound assessment. E9 removed R24's soiled right bunion adhesive dressing then pulled the packed gauze out from inside the wound. The gauze was saturated in a brownish drainage. The wound bed was a whitish tan center surrounded by a reddish colored tissue. E17 used a paper ruler to measure R24's wound which measured as 2.4cm wide x 1.8cm long x 0.4cm deep. E17 stated that the wound was a pressure ulcer and deep at 0.4cm but because of the whitish tan area in the center of the wound, it is considered unstageable. E9 removed the dressing to R24's right heel and also a dressing which was on the left heel. Both heels had dark brown wound beds covering the bottom right side of each heel. E17 stated that the dark brown areas to R24's right and left heels were unstageable pressure ulcers. E17 decided to examine the skin around R24's coccyx area to ensure the skin in that area was still intact. E17 noted that R24 was laying on a regular mattress without a draw sheet to enable staff to reposition R24 without sliding R24 across the sheets. E9 left the room and then returned with a draw sheet to place under R24. R9 was totally dependent on E9 and E17 to move up in bed. When E9 and E17 removed R24's incontinence brief, R24 had a new round open wound measuring approximately 0.8cm wide x 0.6 long x 0.1cm deep. E17 stated R24's new wound was a stage two pressure</p> | S9999 | | |
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| S9999 | <p>Continued From page 10</p> <p>ulcer. E17 stated that R24's wounds should be measured weekly with the measurements and a description of the wounds should be recorded in R24's medical record. R24 stated that when R24's right bunion wound did not improve within two weeks of the initial treatment 5/12/17, and in fact had worsened from the original description of a blister. E17 stated that R24's physician should have been contacted for additional treatment orders when R24's wound did not improve after a couple weeks.</p> <p>On 6/22/17 at 2:50p.m. Z2 (Wound Physician) stated that the facility had contacted Z2 to examine R24 that afternoon. Z2 stated that R24's right bunion wound is considered an unstageable pressure ulcer but that Z2 expected the wound to become a stage three or four once the dead tissue is removed. Z2 stated that he would expect the facility to monitor pressure ulcer wounds, document weekly wound measurements, and to contact the physician for a change in treatment orders if the wounds have not improved within around two weeks. Z2 stated that R24 has unstageable pressure ulcers to the right and left heels, and a stage two pressure ulcer to the coccyx area also.</p> <p>3. R20's current electronic Physician's Orders Sheet (6/1/17- 6/30/17) documents the following: "Cleanse right buttock with normal saline, apply calcium alginate soaked with betadine and dry dressing every day shift. Cleanse sacrum with normal saline, apply calcium alginate soaked with betadine and dry dressing every day shift. Cleanse left ischium with normal saline, apply calcium alginate soaked with betadine and dry dressing every day shift."</p> <p>On 6/20/17 at 11:35 AM, E10 (Licensed Practical Nurse) performed R20's pressure ulcer</p> | S9999 | | |
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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6012173 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____ | (X3) DATE SURVEY COMPLETED 06/23/2017 |
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| NAME OF PROVIDER OR SUPPLIER WESTCHESTER HEALTH & REHABILITATION | STREET ADDRESS, CITY, STATE, ZIP CODE 2901 SOUTH WOLF ROAD WESTCHESTER, IL 60154 |
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| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) | (X5) COMPLETE DATE |
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| S9999 | <p>Continued From page 11</p> <p>treatments. E10 removed R20's sacral wound dressing exposing a Stage IV pressure ulcer approximately 8 centimeters in length x 10 centimeters wide. E10 cleansed R20's sacral wound with normal saline and then placed betadine soaked calcium alginate dressing on the sacral pressure ulcer. E10 did not remove E10's contaminated gloves, perform hand hygiene and put on clean gloves after cleaning R20's sacral pressure ulcer and prior to placing R20's betadine soaked calcium alginate dressing on R20's sacral pressure ulcer. E11 (Licensed Practical Nurse/Unit Manager) then assisted R20 to move to R20's right side exposing R20's Stage IV left ischium pressure ulcer that was approximately 3.5 centimeters in length x 3.5 centimeters wide. E10 placed a betadine soaked calcium alginate dressing over R20's left ischium wound and then covered it with a dry dressing. E10 did not cleanse R20's left ischium pressure ulcer with normal saline prior to placing the betadine soaked calcium alginate dressing on R20's pressure ulcer.</p> <p>On 6/20/17 at 12:20 PM, E10 verified that E10 did not remove E10's contaminated gloves, perform hand hygiene and put on clean gloves after cleaning R20's sacral pressure ulcer and prior to placing the betadine soaked calcium alginate dressing on R20's sacral pressure ulcer. E10 stated that E10 should have removed E10's gloves, performed hand hygiene and put on clean gloves after cleaning R20's sacral pressure ulcer and prior to placing the betadine soaked calcium alginate dressing. E10 also verified that R20's order documents that R20's left ischium pressure ulcer is to be cleaned with normal saline before placing the betadine soaked calcium alginate dressing. E10 verified that E10 did not cleanse R20's left ischium pressure ulcer with normal</p> | S9999 | | |

Illinois Department of Public Health

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| NAME OF PROVIDER OR SUPPLIER WESTCHESTER HEALTH & REHABILITATION | STREET ADDRESS, CITY, STATE, ZIP CODE 2901 SOUTH WOLF ROAD WESTCHESTER, IL 60154 |
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| S9999 | <p>Continued From page 12</p> <p>saline prior to placing the betadine soaked calcium alginate and dry dressing on the pressure ulcer.</p> <p>(B)</p> <p>2 of 2 Licensure 300.670k)1)2)</p> <p>Section 300.670 Disaster Preparedness k) Coordination with Local Authorities 1) Annually, each facility shall forward copies of all disaster policies and plans required under this Section to the local health authority and local emergency management agency having jurisdiction. 2.) Annually, each facility shall forward copies of its emergency water supply agreements, required under Section 300.2620(d), to the local health authority and local emergency management agency having jurisdiction.</p> <p>This requirement is not met as evidenced by:</p> <p>Based on record review and interview the facility failed to annually forward copies of the facility's disaster policies and plans and emergency water contract to the local health authority and local emergency management agency. These failures have the potential to affect 113 residents residing in the facility.</p> <p>Findings include:</p> <p>On 6/20/17 at 10:45 AM, the facility's disaster log and policies and procedures did not contain documentation that the disaster policies and procedures and emergency water contract had been sent to the local health authority and local emergency management agency within the last</p> | S9999 | | |
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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6012173 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____ | (X3) DATE SURVEY COMPLETED 06/23/2017 |
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| NAME OF PROVIDER OR SUPPLIER WESTCHESTER HEALTH & REHABILITATION | STREET ADDRESS, CITY, STATE, ZIP CODE 2901 SOUTH WOLF ROAD WESTCHESTER, IL 60154 |
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| S9999 | <p>Continued From page 13 year (7/2016- 6/2017).</p> <p>On 6/21/17 at 10:40 AM, E22 (Senior Administrator) stated that the facility did not have documentation showing that they had notified the local health authority and local emergency management agency of the facility's disaster plan and emergency water contract.</p> <p>The Resident Census and Conditions of Residents (Centers for Medicare and Medicaid-672) form dated 6/20/17 and signed by E1 (Administrator) documents that there are 113 residents residing in the facility.</p> <p>(C)</p> | S9999 | | |
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