



TREATMENT OF ACTIVE TUBERCULOSIS EDUCATION FORM

Public Health Nurse: _____	Agency: _____	Telephone : _____
-----------------------------------	----------------------	--------------------------

This is to inform you about the treatment, side effects and risks of taking medication for active tuberculosis (TB) disease. Treatment of active TB with prescribed drugs will in most cases cure TB. The medication normally needs to be taken for a minimum 6 months, but may require a longer period according to your physician's instructions.

CALL YOUR DOCTOR/NURSE: If you have any of the side effects listed below or if you have any questions.

Medication	Side Effects	Comments
Isoniazid (INH)	Dark urine, light-colored stools, fatigue, loss of appetite, Nausea, vomiting, abdominal pain, yellow eyes or skin, rash, tingling or muscle twitching in hands or feet.	<p>Call your doctor or public health nurse if you have any of these side effects.</p> <p>DO NOT use alcohol because of risk of liver damage.</p> <p>DO NOT take Tylenol (acetaminophen) or any medication with Tylenol with INH. You can take Ibuprofen, Aleve, or Advil.</p> <p>Avoid antacids (Maalox, Tums, Mylanta) within 2 hours of taking INH.</p> <p>Tell your doctor or public health nurse if you become pregnant while on INH.</p>
Rifampin (RIF)	Orange-colored body fluids, flu-like symptoms, nausea, vomiting, abdominal pain, bleeding problems, fever, light-colored stools, rash, yellow eyes or skin, fatigue, blood in urine, easy bruising	<p>DO NOT use alcohol because of risk of liver damage. Significant interactions with methadone, birth control meds, digitalis, coumarin derivatives, anticonvulsants, PIs, NNRTIs, and many other drugs. Colors body fluids orange (i.e. sweat, urine, tears). May permanently discolor soft contact lenses.</p> <p>Tell your doctor or public health nurse if you become pregnant while on RIF.</p>
Pyrazinamide (PZA)	Dark urine, light-colored stools, yellow eyes or skin, joint aches, upset stomach, nausea, vomiting, fatigue, rash, photosensitivity, gout	<p>DO NOT use alcohol because of risk of liver damage. Drink plenty of fluids (water, juices, milk). May cause elevated uric acid.</p> <p>Tell your doctor or public health nurse if you become pregnant while on PZA.</p>
Ethambutol (EMB)	Any changes in vision, (Ability to see or discriminate color) Skin Rash	<p>DO NOT use alcohol because of risk of liver damage. Not recommended for children who are too young to be monitored for vision changes.</p> <p>Tell your doctor or public health nurse if you become pregnant while on EMB.</p>

I have read the statements on this form about the treatment of active TB disease. I have had an opportunity to ask questions which were answered to my satisfaction. I understand the benefits and risks of taking these medications.

_____	____/____/____	____/____/____
Client name	Date of Birth	Today's Date

_____	Client received copy of form: _____ (Client/PHN Initials)
Public Health Nurse Signature	