

Note: This is a suggested template developed by the Minnesota Department of Health TB Program in collaboration with selected local public health agencies. It is designed to assist LPH nurses who provide education to persons with active TB disease. It may be adapted for use by local public health agencies.

Name:	Date of birth:
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Country of origin:	Interpreter: <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, language:
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The nurse may want to elicit patient views and understanding about TB and then tailor education accordingly.

Initials	Date	Current TB Diagnosis	Notes
		Presentation and symptoms	
		Diagnostic x-rays and lab work	
		Level of infectiousness	
		Health history and interrelatedness of TB diagnosis and symptoms	
		Risk factors for TB exposure	
		Effect of previous treatment for TB	
		Importance of HIV Testing	
		Overseas exam (if applicable)	
		Progression of LTBI to Active Disease	
		<i>TB Skin Test (Mantoux) Fact Sheet</i>	
		<i>TB Blood Test (IGRA) Fact Sheet</i>	

Initials	Date	Patient Understanding and Beliefs about TB Diagnosis	Notes
		Confidentiality	
		Comprehension of diagnosis	
		Beliefs about TB	
		Cause	
		Stigma	
		<i>Active TB Disease Fact Sheet</i>	

Initials	Date	Consequences of Untreated or Partially Treated TB	Notes
		Exposure of others	
		Progression to other sites and becoming infectious	
		Drug resistance (if frequent interruptions in therapy)	
		Lifelong disability or even death	

Initials	Date	Treatment Plan	Notes
		Treatment is available for everyone regardless of visa status or ability to pay for care	
		Cost of treatment	
		Free medications	
		Enrolling patient in insurance plan if no coverage	
		Other options (clinics with sliding scale)	
		Plan of therapy	
		Length	
		Reason for multi-drug approach	
		Intermittent therapy	

		TB medications	
		Review individual TB medications	
		Interactions with patient's other medications	
		Improving tolerance to medications	
		Side effects and how to proceed if they occur	
		Talk to public health nurse	
		Contact medical provider managing TB treatment or primary care provider	
		Avoiding the ER and urgent care centers	
		Avoiding alcohol while on treatment	
		Adherence	
		Benefits of directly observed therapy (DOT)	
		DOT logistics and location	
		Importance of adherence to treatment and follow-up appointments	
		Patient contact information	
		Incentives	
		Medical appointments	
		Frequency	
		Purpose (review adherence, side effects, response to therapy and level of infectiousness)	
		Sputum samples	
		<i>Instructions for Collecting Sputum for TB Fact Sheet</i>	
Initials	Date	Infection Control Measures	Notes
		Home isolation guidelines	
		Special risk to children < 5 years and immunocompromised persons	
		Use of mask	
		Living arrangements and contact with unexposed persons	
		Public settings (work, school)	
		Coughing, sneezing, and minimizing exposure	
		Determining infectious period	
		<i>Home Respiratory Precautions for Patients with Potentially Infectious Tuberculosis Fact Sheet</i>	
Initials	Date	Contact Investigation Process	Notes
		Rationale	
		Confidentiality	
		Household, job, social contacts	
		<i>TB Contact Investigations Fact Sheet</i>	
		<i>Treatment for Latent TB Infection Fact Sheet</i>	
Initials	Date		Notes
		Post-Treatment Follow-up	
		Moving/Trips/Airline Travel and Notification of LPH	
		Other Teaching Tools:	
		Local Public Health Contact Information for Patient	
		Release of Information/ Data privacy Forms	