I want to know more about COVID-19, who should I call?

For **general** questions about COVID-19, call the IDPH **COVID-19 Hotline** at **1-800-889-3931** or email DPH.SICK@illinois.gov. Note the Hotline does not make decisions about who should be tested for COVID-19.

I am not feeling well and have respiratory symptoms, what should I do?

- If you are ill, stay at home and away from others. **You can leave home after three things have happened:** A minimum of 7 days have passed since your symptoms first appeared, you have had no fever without the use of medicine that reduces fever for at least 24 hours, and other symptoms (e.g., cough, shortness of breath) have improved.

You should consult with your doctor if you have:

- Fever, cough, trouble breathing, or other flu like symptoms that are not better or are worsening after 24-48 hours.
- Mild symptoms and are pregnant, have a weakened immune system, have chronic health conditions or are an older adult (60+).

Don't call the health department about getting testing

- Your health care provider will determine if you should be tested and, if necessary, contact the health department.
- Health departments do not collect specimens for COVID-19

I think I need immediate medical attention, who should I call?

- If you need immediate medical attention, and you think you may have COVID-19, call ahead to your health care provider before going in for care. This will allow them to take the right steps to protect themselves and other patients.
- If you think you are having a medical emergency, call 911; if you have been exposed to COVID-19, notify dispatch personnel so emergency medical services personnel are prepared.

IDPH
ILLINOIS DEPARTMENT OF PUBLIC HEALTH

Questions about COVID-19?
Call 1-800-889-3931 or email dph.sick@illinois.gov
Illinois Department of Public Health - www.dph.illinois.gov

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