

THERE IS A MEASLES OUTBREAK

Measles is serious.

The measles virus spreads easily and can make people very sick — especially babies and young children.

Measles causes serious health problems like:



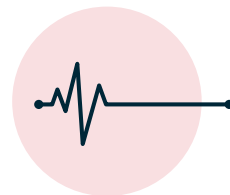
Infection in the lungs
(pneumonia)



Swelling of the brain
(encephalitis)



Problems during pregnancy*



Death

*Getting measles during pregnancy may cause the baby to be born early or be very small if you have not had the measles, mumps, and rubella (MMR) vaccine.

Watch for these signs:

You can get sick 7 to 14 days after being near someone with measles.



High fever
(as high as 104°F)



Cough



Runny nose



Red and/or watery eyes



Rash
(appears 3 to 5 days after you first become sick)

How does measles spread?

- ! Measles spreads through the air when a sick person coughs or sneezes.
- ! The virus can stay in the air for up to 2 hours, even after the sick person leaves a room.
- ! If you're near someone with measles, there is a high chance you will get sick if you are not protected.

Ways to protect yourself and others:

Ask your doctor about getting the MMR vaccine. The MMR vaccine works very well. It helps your body learn how to protect itself against measles, mumps, and rubella.

If you are not protected against measles: Try to stay home and away from crowds, especially indoors, until the outbreak is over. This helps protect you and others from getting sick.



If you think that you have measles, call a doctor right away.

BE READY FOR MEASLES
[cdc.gov/measles](https://www.cdc.gov/measles)

